



SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Website: www.podarcollege.com

DVV CLARIFICATION

5.3.2 Average number of sports and cultural programs in which students of the Institution participated during last five years (organized by the institution/other institutions)

DVV Asked	Provide Report of the Kabaddi (Girls) Science PG 100 meter Run (Boys) 200 meter Run (Boys) 400 meter Run (Boys) 800 meter Run (Boys) Short Put Throw (Boys) Javelin Throw (Boys) Discus Throw (Boys) 100 meter Run (Girls) 200 meter Run (Girls) 400 meter Run (Girls) Javelin Throw (Girls) Discus Throw (Girls) Short Put Throw (Girls) Long Jump (Girls) Badminton (Girls) Mehandi Rangoli along with photographs appropriately dated and captioned for the year 2017-18 , 2018-19 and 2021-22.
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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

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Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

Web Site: www.podarcollege.com E-Mail: principal@podarcollege.com



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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Report of Sports Week 2021-22



SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

दिनांक:- 02 /03 /2022

सेवा में,

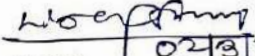
प्राचार्य महोदय,
सेठ. जी. बी. पोदार कॉलेज,
नवलगढ़

Through :- संयोजक- IQAC
सेठ जी. बी. पोदार कॉलेज, नवलगढ़

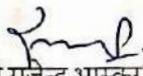
विषय- महाविद्यालय में खेल कूद व सांस्कृतिक सप्ताह के आयोजन की स्वीकृति बाबत |
महोदय,

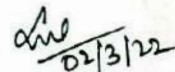
निवेदन है कि महाविद्यालय स्तर पर सांस्कृतिक व खेलकूद सप्ताह का आयोजन दिनांक 11.03.2022 से 15.03.2022 तक आयोजित करना चाहते हैं।

अतः कृपया अनुमति प्रदान कर अनुगृहीत करें।


02/3/2022
(डॉ. विनोद कुमार सेनी)

उप प्राचार्य तथा NAAC समन्वयक


21/3/22
(श्री राजेन्द्र भास्कर)
खेल प्रभारी
पोदार कॉलेज, नवलगढ़


02/3/22
(डॉ. सत्येन्द्र सिंह)
प्राचार्य

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Translation

Date:- 02/03 / 2022

To,

Principal sir,

Seth Mr. B. Podar College,

Nawalgarh

Through :- Coordinator- IQAC

Seth Mr. B. Podar College, Nawalgarh

Subject- Regarding acceptance of organizing sports and cultural week in the college.

Sir,

It is requested to organize cultural and sports week at the college level on 11.03.2022

to 15.03.2022.

So please kindly grant permission.

(Dr. Vinod Kumar Saini)
Vice Principal & NAAC Coordinator

(Shri Rajendra Bhaskar)

(Dr. Satyendra Singh)

Sports Incharge Podar College Nawalgarh

Principal



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PODAR COLLEGE, NAWALGARH

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

क्रमांक / जी.बी.पी.सी / 2021-22/

दिनांक:- 05 / 03 / 2022

आवश्यक सूचना

महाविद्यालय के समस्त छात्र- छात्राओं को सूचित किया जाता है, कि 11 मार्च से 16 मार्च, 2022 तक महाविद्यालय में अंतर संकाय खेल प्रतियोगिता होने जा रही है, जिसमें क्रिकेट, बॉलीबॉल, कबड्डी एवं फुटबॉल की प्रतियोगिता तथा एथलेटिक्स प्रतियोगिता होगी | जिसमें प्रत्येक संकाय 07 से 09 मार्च, 2022 तक अपनी टीम दर्ज करवाये |


नोट- छात्र वर्ग के खेल निम्न है - क्रिकेट, बॉलीबॉल, कबड्डी, फुटबॉल तथा एथलेटिक्स
छात्रा वर्ग के खेल निम्न है - बॉलीबॉल, एथलेटिक्स तथा कबड्डी

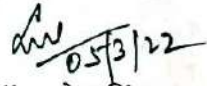
संपर्क सूत्र:- श्री राजेन्द्र भास्कर (खेल प्रभारी)

मोबाइल नं.:- 9982826870

स्थान:- कॉलेज काउंसलिंग रूम, रूम न. 06

समय:- 10 बजे से सायं 03 बजे तक


(श्री राजेन्द्र भास्कर)
खेल प्रभारी


(डॉ. सत्येन्द्र सिंह)
प्राचार्य

प्रतिलिपि:-

- श्रीमान एम. डी. शानभाग सर, अधिशाषी निदेशक, ए.पी.टी., नवलगढ - सूचनार्थ
- डॉ. विनोद कुमार सैनी, उप प्राचार्य, पोदार कॉलेज, नवलगढ
- IQAC Cell
- क्लास सर्कुलेशन
- ऑफिस रिकॉर्ड
- नोटिस बोर्ड

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Translation

Serial Number / GBPC/ 2021-22/

Date:- 05/03/2022

Important notice

All the students of the college are informed that from March 11 to March 16, 2022, an inter-faculty sports competition is going to be held in the college, in which cricket, volleyball, kabaddi and football competition and athletics competition will be held. In which each faculty should register their team from March 07 to 09, 2022.

Note- The following are the sports of the student section - Cricket, Volleyball, Kabaddi, Football and Athletics The following are the sports of the student section - Volleyball, Athletics and Kabaddi

Contact Person:- Mr. Rajendra Bhaskar (Sports Incharge)

Mobile no. - 9982826870

Venue:- College Counseling Room, Room No. 06

Timings: 10 AM to 03 PM

(Shri Rajendra Bhaskar)
Game in charge

(Dr. Satyendra Singh)
Principal

Copy to

Mr. MD Shanbhag Sir, Executive Director, APT, Nawalgarh – for information
Dr. Vinod Kumar Saini, Vice Principal, Podar College, Nawalgarh
IQAC Cell
class circulation
Office Records
Notice Board

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PODAR COLLEGE, NAWALGARH

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

क्रमांक/जी.बी.पी.सी/ 2021-22/

दिनांक:- 07/03/2022

कार्यालय आदेश

महाविद्यालय स्पोर्ट्स कमेटी के निम्न सदस्य सूचित रहे कि दिनांक 11/03/2022 से 16/03/2022 तक महाविद्यालय के खेल- कूद एवं सांस्कृतिक सप्ताह का आयोजन राजा रामदेव पोदार खेल परिसर में प्रातः 10 बजे से 04 बजे तक किया जा रहा है अतः सभी अपनी उपस्थिति राजा रामदेव पोदार खेल परिसर में सुनिश्चित करें तथा श्री राजेन्द्र भास्कर, खेल प्रभारी की सहायता करें।

1. श्री राजेन्द्र भास्कर, खेल प्रभारी
2. श्री कमलेश सैनी, ANO
3. श्री दिनेश कड़वासरा
4. श्री ज्योतिष शर्मा
5. श्री नरेन्द्र महला
6. श्री मुकेश सैनी -
7. सुश्री सुमन सैनी
8. श्रीमती रचना

(डॉ. विनोद कुमार सैनी)

उप- प्राचार्य/ NAAC

coordinator

प्रतिलिपि:-

- श्रीमान एम. डी. शानभाग सर, अधिशाषी निदेशक, ए.पी.टी., नवलगढ - सूचनार्थ
- डॉ. सत्येन्द्र सिंह, प्राचार्य, पोदार कॉलेज, नवलगढ
- श्री सुबेनॉय तालुकदार, सी. ई. ओ. सर, ए.पी.टी., नवलगढ
- ऑफिस रिकॉर्ड

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Translation

Serial Number / GBPC/ 2021-22/

Date- 07/03/2022

Office Order

The following members of the College Sports Committee were informed that from 11/03/2022 to 16/03/2022, the sports and cultural events of the college are being organized at the Raja Ramdev Podar Sports Complex from 10 am to 04 pm, so all Make sure your presence in Raja Ramdev Podar Sports Complex and help Mr. Rajendra Bhaskar, Sports Incharge.

1. Mr. Rajendra Bhaskar, Sports Incharge
2. Mr. Kamlesh Saini, ANO-Sh
3. Mr. Dinesh Kadwasara
4. Mr. Jyotish Sharma
5. Mr. Narendra Mahla
6. Mr. Mukesh Saini-
7. Ms. Suman Saini Suman
8. Mrs. Rachna

Co-ordinator

Copy to

Mr. MD Shanbhag Sir, Executive Director, APT, Nawalgarh – for information
Dr. Vinod Kumar Saini, Vice Principal, Podar College, Nawalgarh
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खेल कूद के उद्देश्य

परम्परा के अनुसार प्रत्येक विद्यार्थी के खेल आवश्यक है। खेलों से विद्यार्थियों का सर्वगीण विकास होता है। इस तथ्य को ध्यान में रखते हुए खेल कूद का आयोजन महाविद्यालय में प्रति वर्ष करवाना चाहिए।

खेल कूद से विद्यार्थी अपने जीवन के कई उद्देश्य प्राप्त कर सकते है यथा:-

1. खेलों के माध्यम से विद्यार्थियों का शारीरिक व मानसिक विकास होता है।
2. खेलने की प्रक्रिया नियमित अपनाने से विद्यार्थियों को तनाव से मुक्ति मिलती है।
3. खेलों के प्रमाण पत्रों से विद्यार्थियों को राजकीय सेवा में जाने में लाभ मिलता है।
4. खेल भावना से आपसी सहयोग की भावना बढ़ती है।
5. खेलने से व्यक्ति को स्व- अनुशासन बढ़ता है।

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Translation

Sports Goals

According to tradition, sports are essential for every student. Sports bring about all round development of the students. Keeping this fact in mind, sports events should be organized in the college every year.

Students can achieve many objectives of their life by playing sports, such as: -

1. Physical and mental development of students takes place through sports.
2. By regularly adopting the process of playing, students get relief from stress.
3. Sports certificates give advantage to the students in joining the government service.
4. The feeling of mutual cooperation increases with the spirit of sports.
5. Playing increases self-discipline in a person.

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क्रमांक	विद्यार्थियों का नाम	संकाय
1	प्रदीप रॉयल	कला संकाय
2	अरविन्द कुमावत	कला संकाय
3	अभिषेक कुमावत	कला संकाय
4	महेश भास्कर	कला संकाय
5	उमेश कुमावत	कला संकाय
6	पंकज सेन	कला संकाय
7	सुरेन्द्र कुमावत	कला संकाय
8	दर्शन जांगिड	कला संकाय
9	सुभाष सैनी	कला संकाय
10	पंकज मील	कला संकाय
11	उम्मीद कुमार	कला संकाय
12	अजय	कला संकाय
13	सचिन	कला संकाय

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Translation

Sr.No.	Student Name	Faculty
1	Pradeep Royal	Arts
2	Arvind Kumavat	Arts
3	Abhishek Kumavat	Arts
4	Mahesh Bhaskar	Arts
5	Umesh Kumawat	Arts
6	Pankaj Sen	Arts
7	Surendra Kumawat	Arts
8	Darshan Jangid	Arts
9	Subhash Saini	Arts
10	Pankaj Mile	Arts
11	Umeed Kumar	Arts
12	Ajay	Arts
13	Sachin	Arts

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खेल सप्ताह में भाग लेने वाले विद्यार्थियों की सूची

फुटबॉल

क्रमांक	विद्यार्थियों का नाम	संकाय
1	दीपक	विज्ञान संकाय
2	शशिकांत	विज्ञान संकाय
3	मनीष गिल	विज्ञान संकाय
4	मनीष कुमावत	विज्ञान संकाय
5	देवेन्द्र	विज्ञान संकाय
6	मोहित लाम्बा	विज्ञान संकाय
7	सचिन	विज्ञान संकाय
8	विजेन्द्र	विज्ञान संकाय
9	अजय	विज्ञान संकाय
10	लक्षमण	विज्ञान संकाय
11	सुरेन्द्र	विज्ञान संकाय
12	जिले सिंह	विज्ञान संकाय
13	फरदीन	विज्ञान संकाय
14	अमन झाझडिया	विज्ञान संकाय
15	प्रियांशु	विज्ञान संकाय
16	समीर खान	विज्ञान संकाय

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Translation

Students who participated in Sports Week Football

Sr.No.	Student Name	Faculty
1	Deepak	Science
2	shashikant	Science
3	Manish Gill	Science
4	Manish Kumawat	Science
5	Devendra	Science
6	mohit lamba	Science
7	Sachin	Science
8	Vijender	Science
9	Ajay	Science
10	Laxman	Science
11	Surendra	Science
12	Jile Singh	Science
13	Fardeen	Science
14	Aman Jhahadia	Science
15	Priyanshu	Science
16	Sameer Khan	Science

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खेल सप्ताह में भाग लेने वाले विद्यार्थियों की सूची

वॉलीबॉल

क्रमांक	विद्यार्थियों का नाम	संकाय
1	मो. सोयल	विज्ञान संकाय
2	महेश सैनी	विज्ञान संकाय
3	उत्सव कुमार	विज्ञान संकाय
4	गणेश कुमार	विज्ञान संकाय
5	अंशुमन सिंह	विज्ञान संकाय
6	मो. चाँद	विज्ञान संकाय
7	नीरज कुमार	विज्ञान संकाय
8	सचिन	विज्ञान संकाय

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Translation

Students who participated in Sports Week Vollyball

Sr.No.	Student Name	Faculty
1	Moh. Soyal	Science
2	Mahesh Saini	Science
3	Uttsav Kumar	Science
4	Ganesh Kumar	Science
5	Anshuman Singh	Science
6	Moh. Chand	Science
7	Neeraj Kumar	Science
8	Sachin	Science

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बॉलीबॉल

क्रमांक	विद्यार्थियों का नाम	संकाय
1	सतवीर पूनियां	कला संकाय
2	नवीन जाखड़	कला संकाय
3	उज्ज्वल बुगालिया	कला संकाय
4	संदीप कुमार	कला संकाय
5	सन्देश कुमार	कला संकाय
6	गोरव	कला संकाय
7	रितेश कुमार	कला संकाय
8	नरेश ढाका	कला संकाय

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Translation

Students who participated in Sports Week Vollyball

Sr.No.	Student Name	Faculty
1	Satveer Punia	Arts
2	Naveen Jakhar	Arts
3	Ujjwal Bugalia	Arts
4	Sandeep Kumar	Arts
5	Sandesh Kumar	Arts
6	Gaurav	Arts
7	Ritesh Kumar	Arts
8	Naresh Dhaka	Arts

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क्रिकेट

क्रमांक	विद्यार्थियों का नाम	संकाय
1	शिव कुमार सैनी	कला संकाय
2	लोकेन्द्र कुमार	कला संकाय
3	विपिन कुमार	कला संकाय
4	महेश कुमार	कला संकाय
5	अरविन्द	कला संकाय
6	अभिषेक	कला संकाय
7	मनोज कुमार	कला संकाय
8	उत्तम कुमार	कला संकाय
9	शुभम	कला संकाय
10	अनुज	कला संकाय
11	अनिल कुमार	कला संकाय

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Translation

Students who participated in Sports Week

Cricket

Sr.No.	Student Name	Faculty
1	Shiv Kumar Saini	Arts
2	Lokendra Kumar	Arts
3	Vipin Kumar	Arts
4	Mahesh Kumar	Arts
5	Arvind	Arts
6	Abhishek	Arts
7	Manoj Kumar	Arts
8	Uttam Kumar	Arts
9	Shubham	Arts
10	Anuj	Arts
11	Anil Kumar	Arts

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क्रिकेट

क्रमांक	विद्यार्थियों का नाम	संकाय
1	रोहित कुमार सोढा	विज्ञान संकाय
2	मो. चाँद	विज्ञान संकाय
3	विनय कुमार	विज्ञान संकाय
4	वाशिद	विज्ञान संकाय
5	प्रदीप कुमार	विज्ञान संकाय
6	भूपेन्द्र	विज्ञान संकाय
7	मुकेश कुमार	विज्ञान संकाय
8	दिनेश कुमार	विज्ञान संकाय
9	रूपेन्द्र कुमार	विज्ञान संकाय
10	राजेश कुमार	विज्ञान संकाय
11	शाहिद	विज्ञान संकाय

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Translation

Students who participated in Sports Week Cricket

Sr.No.	Student Name	Faculty
1	Rohit Kumar Sodha	Science
2	Moh. Chand	Science
3	Vinay Kumar	Science
4	Vashid	Science
5	Pradeep Kumar	Science
6	Bhupendra	Science
7	Mukesh Kumar	Science
8	Dinesh Kumar	Science
9	Rupendra Kumar	Science
10	Rajesh Kumar	Science
11	Shahid	Science

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खेल समाह में भाग लेने वाले विद्यार्थियों की सूची

कब्बडी- छात्र वर्ग

क्रमांक	विद्यार्थियों का नाम	संकाय
1	दीपक कुमार	विज्ञान संकाय
2	वीरन्द्र कुमार	विज्ञान संकाय
3	रोनक कुमार	विज्ञान संकाय
4	सचिन	विज्ञान संकाय
5	निखिल	विज्ञान संकाय
6	शशिकांत	विज्ञान संकाय
7	महेन्द्र	विज्ञान संकाय
8	कोमेश कुमार	विज्ञान संकाय
9	हरित कुमार	विज्ञान संकाय

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

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Translation

Students who participated in Sports Week Kabaddi (Boys)

Sr.No.	Student Name	Faculty
1	Deepak Kumar	Science
2	Virendra Kumar	Science
3	Ronak Kumar	Science
4	Sachin	Science
5	Nikhil	Science
6	Shashikant	Science
7	Mahendra	Science
8	Komesh Kumar	Science
9	Harit Kumar	Science

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कबड्डी- छात्र वर्ग

क्रमांक	विद्यार्थियों का नाम	संकाय
1	दीपक कुमार	विज्ञान संकाय A
2	वीरेन्द्र कुमार	विज्ञान संकाय A
3	रोनक कुमार	विज्ञान संकाय A
4	सचिन	विज्ञान संकाय A
5	निखिल	विज्ञान संकाय A
6	शशिकांत	विज्ञान संकाय A
7	महेन्द्र	विज्ञान संकाय A
8	कोमेश कुमार	विज्ञान संकाय A
9	हरित कुमार	विज्ञान संकाय A

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Translation

Students who participated in Sports Week Kabaddi (Boys)

Sr.No.	Student Name	Faculty
1	Deepak Kumar	Science A
2	Virendra Kumar	Science A
3	Ronak Kumar	Science A
4	Sachin	Science A
5	Nikhil	Science A
6	Shashikant	Science A
7	Mahendra	Science A
8	Komesh Kumar	Science A
9	Harit Kumar	Science A

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कब्बडी- छात्र वर्ग

क्रमांक	विद्यार्थियों का नाम	संकाय
1	मोहित कुमार	विज्ञान संकाय B
2	मितू	विज्ञान संकाय B
3	राहुल	विज्ञान संकाय B
4	मुकेश कुमार	विज्ञान संकाय B
5	युवराज	विज्ञान संकाय B
6	सुनिल कुमार	विज्ञान संकाय B
7	दिनेश कुमार	विज्ञान संकाय B

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Translation

Students who participated in Sports Week Kabaddi (Boys)

Sr.No.	Student Name	Faculty
1	Mohit Kumar	Science B
2	Mintu	Science B
3	Rahul	Science B
4	Mukesh Kumar	Science B
5	Yuvraj	Science B
6	Sunil Kumar	Science B
7	Dinesh Kumar	Science B

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कबड्डी- छात्रा वर्ग

क्रमांक	विद्यार्थियों का नाम	संकाय
1	कोमल	विज्ञान संकाय PG
2	निशा	विज्ञान संकाय PG
3	रेणु	विज्ञान संकाय PG
4	कल्पना	विज्ञान संकाय PG
5	मुस्कान	विज्ञान संकाय PG
6	पिन्टू	विज्ञान संकाय PG
7	पूजा	विज्ञान संकाय PG

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Translation

Students who participated in Sports Week Kabaddi (Girls)

Sr.No.	Student Name	Faculty
1	Komal	Science PG
2	Nisha	Science PG
3	Renu	Science PG
4	Kalpana	Science PG
5	Muskan	Science PG
6	Pintu	Science PG
7	Pooja	Science PG

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कबड्डी- छात्रा वर्ग

क्रमांक	विद्यार्थियों का नाम	संकाय
1	डिम्पल	विज्ञान संकाय UG
2	सम्पत	विज्ञान संकाय UG
3	प्रियंका	विज्ञान संकाय UG
4	सोनू	विज्ञान संकाय UG
5	साक्षी	विज्ञान संकाय UG
6	रिंकू कुमारी	विज्ञान संकाय UG
7	पायल	विज्ञान संकाय UG

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Translation

Students who participated in Sports Week Kabaddi (Girls)

Sr.No.	Student Name	Faculty
1	Dimpal	Science PG
2	Samapat	Science PG
3	Priyanka	Science PG
4	Sonu	Science PG
5	Sakshi	Science PG
6	Rinku Kumari	Science PG
7	Payal	Science PG

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खेल कूद सप्ताह की रिपोर्ट

दिनांक 11/03/2022

पोदार कॉलेज के विद्यार्थियों का खेल एवं सांस्कृतिक सप्ताह आरम्भ

दी आनन्दीलाल पोदार ट्रस्ट के अंतर्गत संचालित पोदार कॉलेज के विद्यार्थियों का खेल कूद एवं सांस्कृतिक सप्ताह का आयोजन पोदार पवेलियन में आरम्भ हुआ।

श्री बीरबल सिंह गोदारा, जिला परिषद सदस्य, श्री मनोज यादव निदेशक प्रेरणा स्कूल, नवलगढ़, प्रो. एम.सी. मालू, सचिव दी आनन्दीलाल पोदार ट्रस्ट, श्री सुबेनॉय तालुकदार, सी.ई.ओ., पोदार कॉलेज के प्राचार्य, डॉ. सत्येन्द्र सिंह, उप-प्राचार्य, डॉ. विनोद कुमार सेनी के आतिथ्य में उद्घाटन हुआ। उद्घाटन सत्र में पवेलियन खेल मैदान में अतिथियों द्वारा झंडा रोहण किया गया। प्राचार्य डॉ. सत्येन्द्र सिंह ने अपने उद्बोधन द्वारा अतिथियों का स्वागत किया एवं खेल कूद सप्ताह के आयोजन की घोषणा की। इस अवसर पर खेल प्रभाती कॉलेज के पी.टी.आई. श्री राजेन्द्र भास्कर ने साप्ताहिक खेल गतिविधियों के विवरण से अवगत करवाया।

इस दौरान वॉलीबॉल का उद्घाटन मैच पिम्स एवं कला वर्ग के विद्यार्थियों के बीच सम्पन्न हुआ। जिसमें कला वर्ग के विद्यार्थियों ने मैच जीता। पिम्स के विद्यार्थी उप विजेता रहे। कला वर्ग के विद्यार्थी नवीन खीचड़ ने अपने खेल का श्रेष्ठ प्रदर्शन किया। इस अवसर पर छात्राओं की गोला फैंक प्रतियोगिता हुई। जिसमें बी.ए. प्रथम वर्ष की छात्रा प्रियंका ने प्रथम स्थान, बी.एस सी प्रथम वर्ष की छात्रा सोनू ने द्वितीय स्थान एवं एम.एस.सी. रसायन विज्ञान की छात्रा निशा ने तृतीय स्थान प्राप्त किया।

छात्र वर्ग में बी.एस सी. तृतीय वर्ष के संतकुमार ने प्रथम स्थान, बी.एस सी तृतीय वर्ष के देवेन्द्र सिंह ने द्वितीय स्थान एवं बी.एस सी. तृतीय वर्ष के सचिन ने तृतीय स्थान प्राप्त किया।

इस अवसर पर अतिथियों ने खिलाड़ी विद्यार्थियों को अपने उद्बोधन में खेलने के लिए प्रेरित किया और स्वस्थ प्रतिस्पर्धा के माध्यम से अपने प्रगति के प्रेरित किया।

पोदार कॉलेज के उप प्राचार्य, डॉ. विनोद कुमार सेनी ने अतिथियों को धन्यवाद दिया और खिलाड़ी विद्यार्थियों को अनुशासन में रहकर खेलने के लिए प्रेरित किया।

ट्रस्ट के उपाध्यक्ष श्री राजीव के पोदार, सुश्री वेदिका पोदार एवं निदेशक श्री एम.डी. शानभाग ने खेल को जीवन का महत्वपूर्ण अंग बताया और सन्देश दिया कि खेल से स्वास्थ्य ठीक रहता है। विद्यार्थियों एवं स्टाफ सदस्यों को नियमित रूप से खेल को अपनाने के प्रेरित किया।

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042
Phone No: 01594- 222030, 225892 Fax No: 01594-223198
Web Site: www.podarcollege.com E-Mail: principal@podarcollege.com

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042
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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Translation

Sports Week Report

Sports And Cultural Week Of Students Of Podar College Begins

The sports and cultural week organized by the students of Podar College, run under The Anadilal Podar Trust, started at Podar Pavilion.

Mr. Birbal Singh Godara, Zilla Parishad Member Mr. Manoj Yadav, Director Prerna School, Nawalgarh, Prof. M.C. Malu, Secretary Anandilal Podar Trust, Mr. Subenoy Talukdar, CEO, Principal of Podar College, Dr. Satyendra Singh, Vice-Principal, Dr. Vinod Kumar Saini inaugurated. In the inaugural session, the flag was hoisted by the guests at the pavilion sports ground. Principal Dr. Satyendra Singh welcomed the guests with his speech and announced the organization of sports week. On this occasion, the sports in-charge of the college, P.T.I. Mr. Rajendra Bhaskar informed about the details of weekly sports activities.

During this, the inaugural match of volleyball was held between the students of PIMS and Arts section. In which the students of arts stream won the match. PIMS students were the runners-up. Naveen Khichad, a student of Arts stream, gave the best performance of his game. A shot put competition was organized for the girl students on this occasion. In which B. a. First year student Priyanka got first position, B.Sc first year student Sonu got second position and M.Sc. Chemistry student Nisha secured the third position.

In the student category B.Sc. Santkumar of third year stood first Khan, Devendra Singh of third year B.Sc stood second and B.Sc. Sachin of the third year got the third position.

On this occasion, the guests in their speech motivated the sportsperson students to play and progress through healthy competition.

Vice Principal of Podar College, Dr. Vinod Kumar Saini thanked the guests and motivated the sportspersons to play disciplined.

Trust's Vice President Mr. Rajiv K. Podar, Ms. Vedika Podar and Director Mr. M. D.

Shanbhag described sports as an important part of life and conveyed the message that sports keep health healthy. Motivated the students and staff members to take up sports regularly.

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दिनांक: 13.03.2022

खेलकूद सप्ताह के तीसरे दिन क्रिकेट, कबड्डी एवं बेडमिंटन के मैच हुए

नवलगढ़! दी आनन्दीलाल पोदार ट्रस्ट द्वारा संचालित सेठ जी. बी. पोदार कॉलेज, नवलगढ़ में खेलकूद सप्ताह के तहत आज तीसरे दिन क्रिकेट, कबड्डी एवं बेडमिंटन के मैच आयोजित हुए। खेल प्रशिक्षक श्री राजेन्द्र भास्कर एवं ए.एन.ओ. श्री कमलेश कुमार ने बताया कि आज क्रिकेट में बी.एस.सी. प्रथम व बी.एस.सी. तृतीय वर्ष के बीच मैच हुआ जिसमें बी.एस.सी. प्रथम वर्ष विजेता रही। कबड्डी मैच बी.एस.सी. एवं एम.एस.सी. के बीच हुआ जिसमें बी.एस.सी. की टीम विजेता रही। तीसरा मैच बेडमिंटन का हुआ जिसमें निशा एम.एस.सी. पूर्वार्द्ध रस्तयन शास्त्र, प्रियंका बी.ए. पार्ट प्रथम, रेणु एम.एस.सी. पूर्वार्द्ध, चंचल बी.कॉम प्रथम विजेता रहे।

मैच के दौरान महाविद्यालय के प्राचार्य डॉ. सत्येन्द्र सिंह एवं उप-प्राचार्य डॉ. विनोद सैनी ने छात्रों की हौसला अफजाई की। सी.ई.ओ. ए.पी.टी. श्री सुबेनॉय तालुकदार ने पोदार पैवेलियन में मौजूद छात्र-छात्राओं से खेल प्रतियोगिता में अधिक से अधिक भाग लेने की अपील की। इस अवसर पर पोदार पैवेलियन में कॉलेज के सभी विभागाध्यक्ष एवं व्याख्याता मौजूद रहे।

दी आनन्दीलाल पोदार ट्रस्ट के चेयरमैन श्री राजीव के. पोदार एवं ट्रस्टी सुश्री वेदिका पोदार ने छात्रों के खेल के प्रति रूझान पर खुशी व्यक्त की।

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Translation

Cricket, Kabaddi And Badminton Matches Were Held On The Third Day Of The Sports Week

Nawalgarh! Seth G run by The Anadilal Podar Trust. B. Cricket, Kabaddi and Badminton matches were organized on the third day today under the sports week at Podar College, Nawalgarh. Sports coach Mr. Rajendra Bhaskar and A.N.O. Mr. Kamlesh Kumar told that today B.Sc. First and B.Sc. The match took place between the third year in which B. s. .C. First year winner. Kabaddi Match B.Sc. and M.Sc. Happened between in which B.S. C's team was the winner. The third match was of Badminton in which Nisha M.Sc. First half Chemistry Priyanka B.A. Part I, Renu M.Sc. In the first half, Chanchal B.Com was the first winner.

College Principal Dr. Satyendra Singh and Vice-Principal Dr. Vinod Saini encouraged the students during the match. CEO A.P. T. Shri Subenoy Talukdar appealed to the students present in the Podar Pavilion to take maximum participation in the sports competition. On this occasion, all the heads of the departments and lecturers of the college were present in the Podar pavilion.

The Anadilal Podar Trust's Chairman Mr. Rajeev K. Podar and Trustee Ms. Vedika Podar expressed happiness over the trend of the students towards sports.

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

दिनांक: 15.03.2022

पोदार कॉलेज के विद्यार्थियों का खेलकूद एवं सांस्कृतिक सप्ताह का समापन

नवलगढ़! दी आनन्दीलाल पोदार ट्रस्ट के अन्तर्गत संचालित पोदार कॉलेज के विद्यार्थियों का खेलकूद एवं सांस्कृतिक सप्ताह का समापन ट्रस्ट के सचिव प्रो. एम. सी. मालू के मुख्य आतिथ्य में सम्पन्न हुआ। उन्होंने कहा कि विद्यार्थियों को सजग रहकर अपने भविष्य का निर्माण करना चाहिए। खेल एवं व्यायाम से मनुष्य के शरीर की प्रतिरक्षा प्रणाली में वृद्धि होती है। विद्यार्थियों का स्वास्थ्य अच्छा रहता है।

विशिष्ट अतिथि के रूप में दी आनन्दीलाल पोदार ट्रस्ट के सी.ई.ओ. श्री सुबेनॉय तालुकदार ने विद्यार्थियों को खेलने के लिए प्रेरित किया और उन्हें भावी भविष्य की शुभकामनाएँ प्रदान की।

आयोजन की अध्यक्षता पोदार कॉलेज के प्राचार्य डॉ. सत्येन्द्र सिंह ने की। जिन्होंने कहा कि खेल की भावना से प्रतिस्पर्धा बढ़ती है और उससे विद्यार्थियों में आत्मविश्वास में वृद्धि होती है।

पोदार कॉलेज की वनस्पति विभाग की प्रो. सुमन सैनी ने खेल एवं सांस्कृतिक गतिविधियों के साप्ताहिक परिणाम बताए व विद्यार्थियों को प्रोत्साहित किया।

उप-प्राचार्य डॉ. विनोद सैनी ने अतिथियों व खेल प्रभारी श्री राजेन्द्र भास्कर एवं उनकी टीम के सदस्य ले. कमलेश कुमार, प्रो. मुकेश सैनी, प्रो. ज्योतिष शर्मा, प्रो. नरेन्द्र महला, दिनेश कच्छवासरा, डॉ. उमा सोनी एवं प्रो. रचना लुनायच को धन्यवाद दिया।

पोदार पैवेलियन में ध्वज अवरोहण के पश्चात् राष्ट्रगान के बाद खेलकूद एवं सांस्कृतिक सप्ताह का समापन समारोह सम्पन्न हुआ। आयोजन का संचालन डॉ. अनिल शर्मा ने किया।

इस दौरान अंतिम दिन फुटबॉल का फाइनल का मैच कला एवं विज्ञान के बीच हुआ जिसमें कला वर्ग के विद्यार्थी विजेता रहे।

बेडमिंटन में रसायन विज्ञान विभाग के ही विद्यार्थियों का फाइनल मैच शाहिद व अरविन्द के बीच हुआ, जिसमें शाहिद विजेता रहा।

400 मीटर दौड़ में अभय कुमार प्रथम, प्रताप सिंह द्वितीय एवं समीर खान तृतीय स्थान पर रहे।

800 मीटर दौड़ में प्रताप सिंह प्रथम, पंकज द्वितीय एवं अभय कुमार तृतीय स्थान पर रहे।

दी आनन्दीलाल पोदार ट्रस्ट के चेयरमैन श्री राजीव के. पोदार एवं ट्रस्टी सुश्री वेदिका पोदार तथा अधिशाषी निदेशक श्री एम.डी. शानभाग ने स्टाफ सदस्यों एवं विद्यार्थियों को बधाइयाँ एवं शुभकामनाएँ प्रेषित की।



SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Translation

Date: 15.03.2022

Sports And Cultural Week Of Students Of Podar College Ending

Nawalgarh The completion of the sports and cultural week of the students of Podar College, operated under the Anadilal Podar Trust, the secretary of the trust, Prof. M. C. Done in the chief hospitality of Malu. He said that students should build their future by being alert. Sports and exercise increase the immune system of the human body. The health of the students remains good.

As a special guest, the CEO of Anadilal Podar Trust. Mr. Subenoy • Talukdar motivated the students to play and wished them all the best for their future endeavours.

Principal of Podar College Dr. Satyendra Singh presided over the event. Who said that the spirit of sports increases competition and it increases the confidence of the students. Professor of Botany Department of Podar College. Suman Saini sports and cultural

Told the weekly results of the activities and encouraged the students.

Vice-Principal Dr. Vinod Saini welcomed the guests and sports in-charge Mr. Rajendra Bhaskar and his team members. Kamlesh Kumar, Prof. Mukesh Saini, Prof. Jyotish Sharma, Prof. Narendra Mahla. Dinesh Kadwasara, Dr. Uma Soni and Prof. Thanks to Rachna Lunaich.

After the flag hoisting in the Podar Pavilion, the closing ceremony of the sports and cultural week was completed after the national anthem. The event was coordinated by Dr. Anil Sharma. Meanwhile, on the last day, the football final match was held between Arts and Science, in which the students of Arts stream emerged victorious.

In Badminton, the final match was held between Shahid and Arvind, the students of Chemistry Department, in which Shahid was the winner.

Abhay Kumar stood first, Pratap Singh second and Sameer Khan third in 400 meters race, Pratap Singh first, Pankaj second and Abhay Kumar third in 800 meters race.

are. The Anadilal Podar Trust Chairman Mr. Rajeev K. Podar and Trustee Ms. Vedika Podar and Executive Director Mr. M.D. Shanbhag sent congratulations and best wishes to the staff members and students.

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सांस्कृतिक एवं खेल कूद सप्ताह में मेडलिस्ट छात्र

1. बॉलीबाल
 - (i) B. Sc. विजेता
 - (ii) B.A. उप विजेता
2. क्रिकेट
 - (i) B. Sc. I विजेता
 - (ii) B.A. उप विजेता
3. कबड्डी
 - (i) B. Sc. II विजेता
 - (ii) B. Sc. I उप विजेता
4. फुटबॉल
 - (i) Arts विजेता
 - (ii) Scinece उप विजेता
5. बेडमिंटन
 - (i) साहिद (M. Sc. Chem)
 - (ii) अरविन्द (M. Sc. Chem) उप विजेता
6. 100 मीटर दौड़
 - (i) अभय कुमार B. A. I
 - (ii) राहुल सैनी B. Sc. II
 - (iii) सुभाष M. A. (P) Pol. Science
7. 200 मीटर दौड़
 - (i) मनोज कुमार B. A. I
 - (ii) सचिन B. Sc. I
 - (iii) राहुल B. A. II

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Translation

Medalist Students in Sports and Cultural Week

1. Volleyball
(i) B. Sc. Winner (ii) B. A Runner-Up
2. Cricket
(i) B. Sc. Winner (ii) B. A Runner-Up
3. Kabaddi
(i) B. Sc.-II Winner (ii) B. Sc.-I Runner-Up
4. Football
(i) Arts Winner (ii) Science Runner-Up
5. Badminton
(i) Sahid (M.Sc.Che) Winner (ii) Arvind (M.Sc.Che) Runner-Up
6. 100 mtr Run
(i) Abhay Kumar (B.A-I)
(ii) Rahul Saini (B.Sc.-II)
(iii) Subhash (M. A.-Pre Pol. Sci.)
7. 200 mtr Run
(i) Manoj Kumar (B.A-I)
(ii) Sachin (B.Sc.-I)
(iii) Rahul (B.A.-II)

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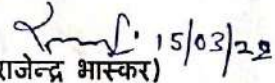
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8. 400 मीटर दौड़
 - (i) अभय कुमार - B. A. I
 - (ii) प्रताप सिंह- B. A. I
 - (iii) समीर खान- B. Sc. I (Bio.)
9. 800 मीटर दौड़
 - (i) प्रताप सिंह - B. A. I
 - (ii) पंकज- B. A. I
 - (iii) अभय कुमार - B. A. I
10. गोला फैंक
 - (i) संतकुमार, B. Sc. I Bio.
 - (ii) देवेन्द्र, B. Sc. III (Maths)
 - (iii) सचिन, B. Sc. III (Maths)
11. भाला फैंक
 - (i) सचिन, B. Sc. III (Maths)
 - (ii) नरेन्द्र रणवा, B. Sc. III (Bio)
 - (iii) अमित खरबास, B. A. III
12. तस्तरी
 - (i) राजेश, M. Sc. (P) Chem.
 - (ii) जिले सिंह, B. A. I
 - (iii) बिरेन्द्र, B. Sc. II


(श्री राजेन्द्र भास्कर) 15/03/22
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Translation

Medalist Students in Sports and Cultural Week

8. 400mtr Run
 - (i) Abhay Kumar- (B.A-I)
 - (ii) Pratap Singh- (B.A-I)
 - (iii) Sameer Khan - (B.Sc.-I Bio)
9. 800mtr Run
 - (i) Pratap Singh-(B.A-I)
 - (ii) Pankaj- (B.A-I)
 - (iii) Abhay Kumar-(B.A-I)
10. Short Put
 - (i) Sant Kumar- (B.Sc-IBio)
 - (ii) Devendra- (B.Sc-III Math)
 - (iii) Sachin- (B.Sc-III Math)
11. Javelin Throw
 - (i) Sachin- (B. Sc.-III Math)
 - (ii) Narendra Ranwa- B. Sc. III Bio)
 - (iii) Amit Kharbas- B. A. III
12. Discus Throw
 - (i) Rajesh (M.Sc-Pre-.Che)
 - (ii) Jile Singh- B. A.-I
 - (iii) Birendra- B. Sc-II

Shri Rajendra Bhaskar
Sports In charge

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सांस्कृतिक एवं खेल कूद सप्ताह में मेडलिस्ट छात्रा

1. 100 मीटर दौड़

- (i) प्रियंका (B. A. I)
- (ii) सोनू (B. Sc. I (Bio.))
- (iii) डिम्पल (B. Sc. II)

2. 200 मीटर दौड़

- (i) प्रियंका (बी. ए. प्रथम)
- (ii) सोनू (बी. एस. सी. प्रथम बायो)
- (iii) डिम्पल (बी. एस.सी. द्वितीय)

3. 400 मीटर दौड़

- (i) प्रियंका (बी. ए. प्रथम)
- (ii) सोनू (बी. एस. सी. प्रथम बायो)
- (iii) रिकू (बी. एस. सी. प्रथम गणित)

4. भाला फेंक

- (i) प्रियंका (बी. ए. प्रथम)
- (ii) ज्योति राड (बी. एस.सी. द्वितीय बायो)
- (iii) पायल मिश्रा (बी. एस. सी. प्रथम गणित)

5. तस्तरी फेंक

- (i) निशा (M. Sc. (P) Chem.)
- (ii) मनीषा (M. Sc. (P) Botany)
- (iii) डिम्पल (B. Sc. II (Bio))

6. गोला फेंक

- (i) प्रियंका (B. A. -I)
- (ii) सोनू (B. Sc. I (Bio))
- (iii) निशा (M. Sc. (P) Chemistry)

7. लम्बी कूद

- (i) प्रियंका (B. A. -I)
- (ii) पिंटू (M. Sc. (P) Chemistry)
- (iii) रेनु सैनी

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Translation

Medalist Students(Girls) in Sports and Cultural Week

1. 100mtr Run
 - (i) Priyanka (B.A.-I)
 - (ii) Sonu (B. Sc.-I Bio)
 - (iii) Dimpal (B. Sc.-II)
2. 200mtr Run
 - (i) Priyanka (B.A.-I)
 - (ii) Sonu (B. Sc.-I Bio)
 - (iii) Dimpal (B. Sc.-II)
3. 400mtr Run
 - (i) Priyanka (B.A.-I)
 - (ii) Sonu (B. Sc.-I Bio)
 - (iii) Rinku (B. Sc.-I Math)
4. Javelin Throw
 - (i) Priyanka (B.A.-I)
 - (ii) Jyoti Rar (B. Sc.-II Bio)
 - (iii) Payal Mishra (B. Sc.-I Math)
5. Discus Throw
 - (i) Nisha (M.Sc Pre.-Che)
 - (ii) Manisha (M.Sc Pre.-Botany)
 - (iii) Dimpal (B. Sc.-II Bio)
6. Short Put Throw
 - (i) Priyanka (B.A-I)
 - (ii) Sonu (B.Sc.-II Bio)
 - (iii) Nisha (M. Sc.-Pre Che.)
7. Long Jump
 - (i) Priyanka (B.A-I)
 - (iv) Pintu (M. Sc.-Pre Che.)
 - (ii) Renu Saini (B.A.-II)

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8. कबड्डी छात्रा

- (i) M. Sc. विजेता
- (ii) B. Sc उप विजेता

9. ब्रेडमिनटन

- (i) चंचल (B. Com. I)
- (ii) प्रियंका (B. A. I)

10. मेहन्दी प्रतियोगिता

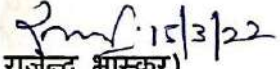
- (i) प्रियंका शर्मा (M.Sc. F Chemistry)
- (ii) कल्पना सैनी (B. Sc. I Maths)
- (iii) डिम्पल (B. Sc. II Bio.)

11. रंगोली

- (i) निधि ढाका (M. Sc. (F) Physics)
- (ii) प्रियंका शर्मा (M. Sc. (F) Chemistry)
- (iii) डिम्पल (B. Sc. II Bio.)

12. डांस

- (i)
- (ii)
- (iii)


(श्री राजेन्द्र भास्कर)
खेल प्रभारी

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Translation

Medalist Students in Sports and Cultural Week

8. Kabaddi
 - (i) M. Sc. Winner
 - (ii) B. Sc. Runner-Up
9. Badminton
 - (i) Chanchal-(B.Com-I)
 - (ii) Priyanka- (B.A-I)
10. Mehandi
 - (i) Priyanka Sharma- (M. Sc.-F Physics)
 - (ii) Kalpana Saini- (B.Sc-I Math)
 - (iii) Dimpal- (B.Sc-II Bio)
11. Rangoli
 - (i) Nidhi Dhaka- (M. Sc.-F Physics)
 - (ii) Priyanka Sharma- (M. Sc.-F Chemistry)
 - (iii) Dimpal- (B. Sc.-II Bio)
12. Dance
 - (i)
 - (ii)
 - (iii)

Shri Rajendra Bhaskar
Sports In charge

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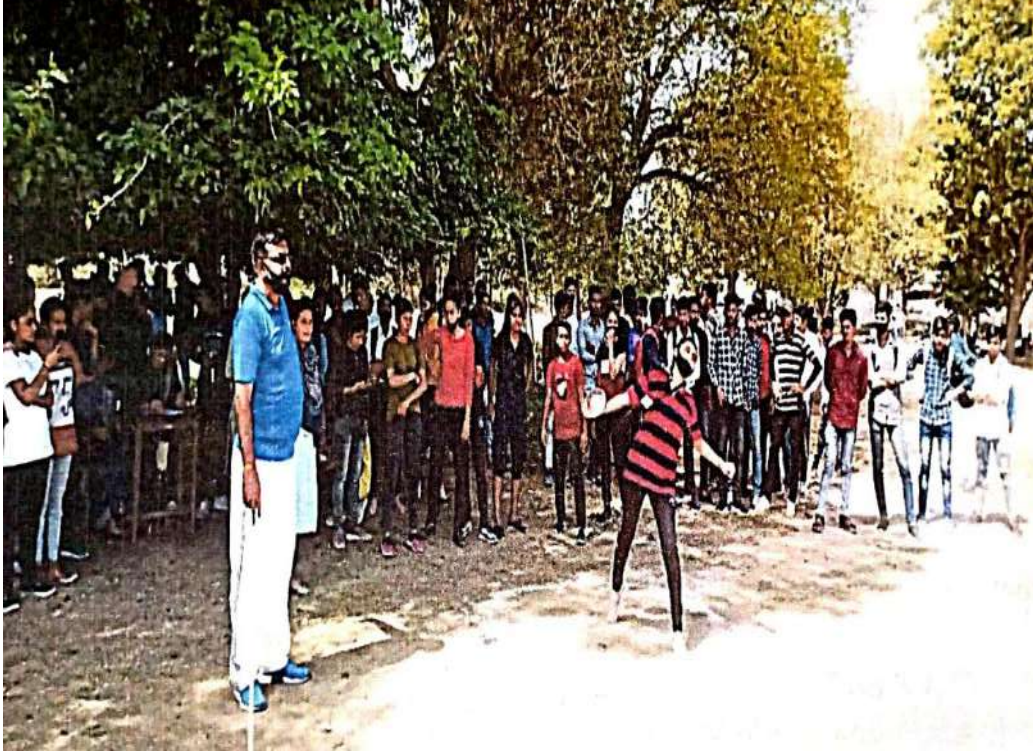
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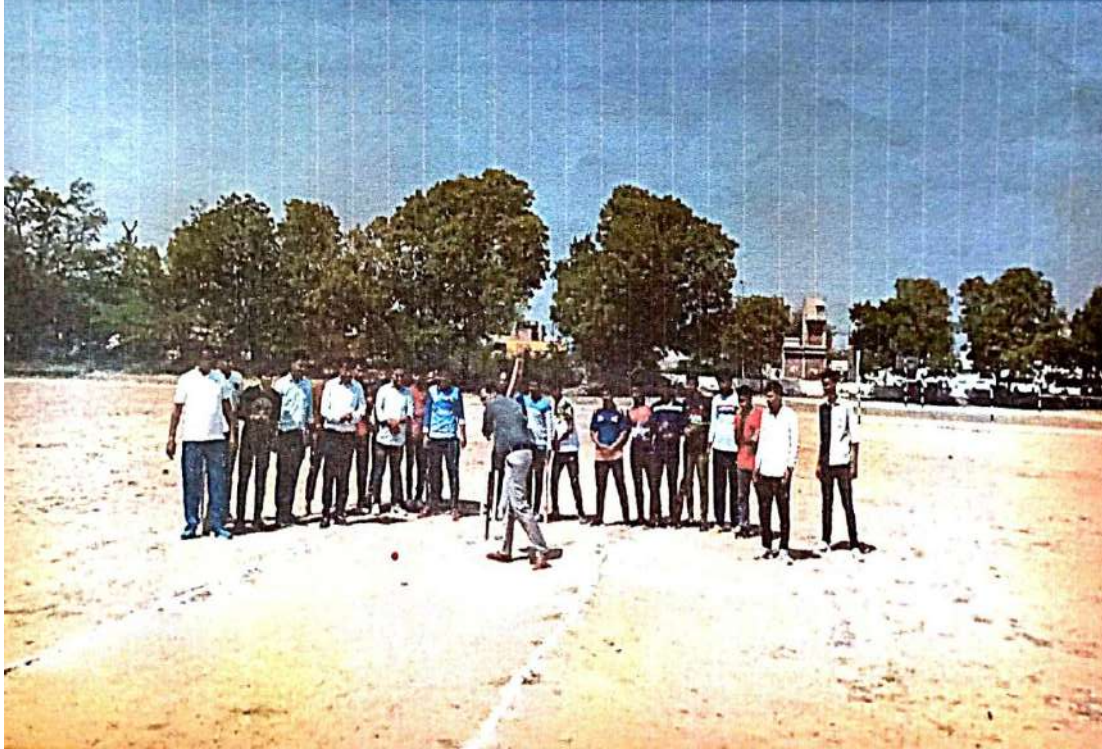
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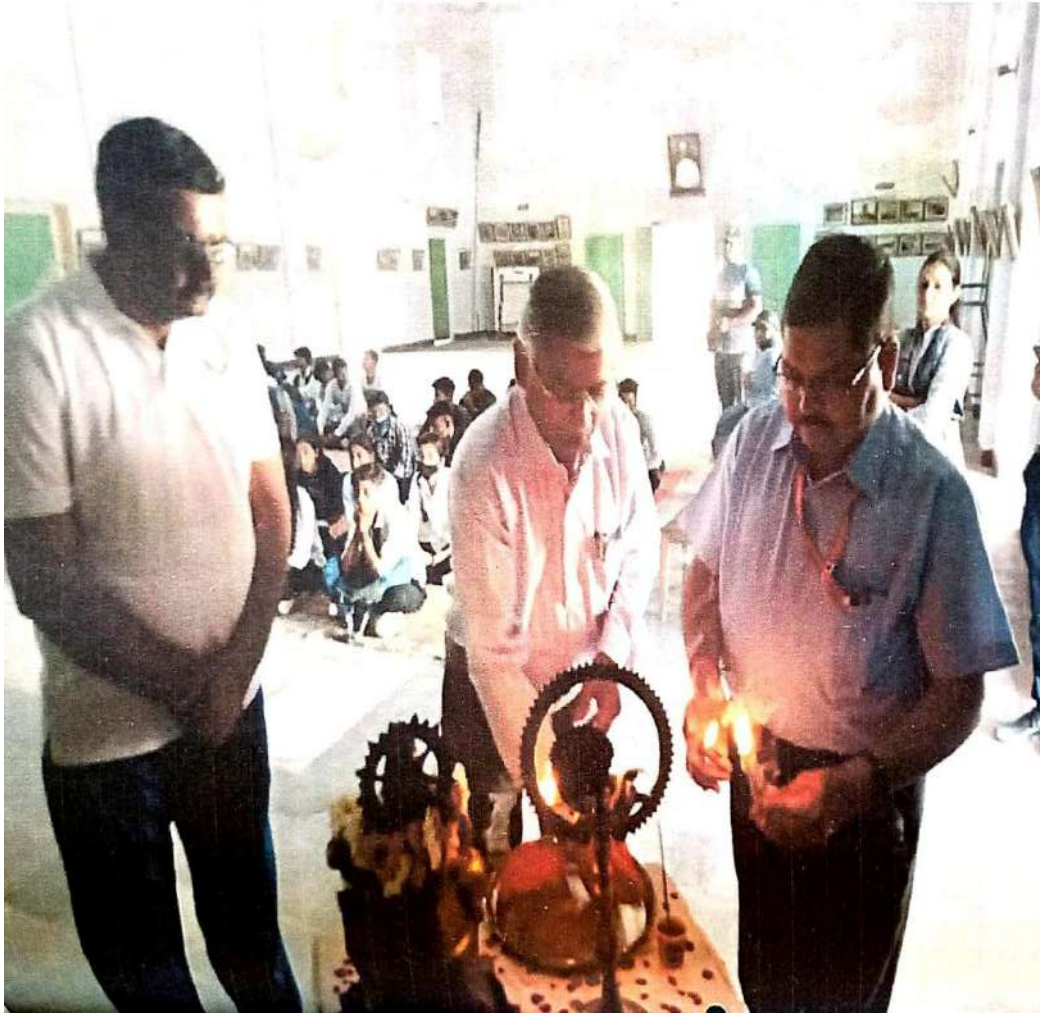
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पोदार कॉलेज में खेल एवं सांस्कृतिक सप्ताह का शुभारंभ

न्यूज सर्विस/नवज्योति, नवलगढ़। दी आनन्दोलाल पोदार ट्रस्ट के अंतर्गत संचालित पोदार कॉलेज के विद्यार्थियों का खेल कूद एवं सांस्कृतिक सप्ताह का आयोजन पोदार पवेलियन में आरम्भ हुआ।

जिला परिषद विरबल सिंह गोदारा सदस्य, मनोज यादव, दी आनन्दोलाल पोदार ट्रस्ट के सचिव प्रो. एम.सो मालू, सीईओ सुबेनॉय तालुकदार, पोदार कॉलेज के प्राचार्य डॉ. सत्येन्द्र सिंह ए उप.प्राचार्य डॉ.

विनोद कुमार सेनो के आतिथ्य में उद्घाटन हुआ। उद्घाटन सत्र में पवेलियन खेल मैदान में अतिथियों द्वारा झंडा रोहण किया गया।

प्राचार्य डॉ. सत्येन्द्र सिंह ने अपने उद्बोधन द्वारा अतिथियों का स्वागत किया एवं खेल कूद सप्ताह के आयोजन की घोषणा की। इस दौरान वॉलीबॉल का उद्घाटन मैच पिम्स एवं कला वर्ग के विद्यार्थियों के बीच सम्पन्न हुआ। जिसमें कला वर्ग के विद्यार्थियों ने मैच जीता।

पिम्स के विद्यार्थी उप विजेता रहें। कला वर्ग के विद्यार्थी नवीन खीचड़ ने अपने खेल का श्रेष्ठ प्रदर्शन किया।

इस अवसर पर छात्राओं की गोला फेंक प्रतियोगिता हुई। जिसमें बीए प्रथम वर्ष की छात्रा प्रियंका ने प्रथम स्थान एवं बीएस सी प्रथम वर्ष की छात्रा सोनू ने द्वितीय स्थान एवं एमएससी रसायन विज्ञान की छात्रा निशा ने तृतीय स्थान प्राप्त किया। छात्र वर्ग में बीएएस सीए तृतीय वर्ष के संतकुमार ने प्रथम स्थान

बीएएस सी तृतीय वर्ष के देवेंद्र सिंह ने द्वितीय स्थान एवं बी.एस.सी. तृतीय वर्ष के साचिन ने तृतीय स्थान प्राप्त किया। ट्रस्ट के चेयरमैन राजेंद्र के पोदार, वेंदिका पोदार एवं निदेशक एमडॉ शानभाग ने खेल का जीवन का महत्वपूर्ण अंग बताया और सन्देश दिया कि खेल से स्वास्थ्य ठीक रहता है। विद्यार्थियों एवं स्टाफ सदस्यों को नियमित रूप से खेल को अपनाने के प्रेरित किया।



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खेलकूद सप्ताह के तीसरे दिन भी हुए मैच

नवलगढ़। कस्बे के दी आनन्दीलाल पोदार ट्रस्ट द्वारा संचालित सेट जी.बी पोदार कॉलेज में खेलकूद सप्ताह के तहत तीसरे दिन सोमवार को



क्रिकेट, कबड्डी एवं बेडमिंटन के मैच आयोजित हुए। खेल प्रशिक्षक राजेन्द्र भास्कर एवं एएनओ कमलेश कुमार ने बताया कि सोमवार को क्रिकेट में बीएससी प्रथम व बीएससी तृतीय वर्ष के बीच मैच हुआ। जिसमें बीएससी

प्रथम वर्ष विजेता रही। कबड्डी मैच बीएससी एवं एमएससी के बीच हुआ जिसमें बीएससी की टीम विजेता रही। तीसरा मैच बेडमिंटन का हुआ। जिसमें निशा एमएससी पूर्वाह्न रसायन शास्त्र, प्रियंका बीए पार्ट प्रथम, रेणु एमएससी पूर्वाह्न, चंचल बीणकॉम प्रथम विजेता रहे। दी आनन्दीलाल पोदार ट्रस्ट के चेयरमैन राजीव के. पोदार एवं ट्रस्टी वेदिका पोदार ने छात्रों के खेल के प्रति रूझावर खशी व्यक्त की।

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समापन

खेलकूद एवं सांस्कृतिक सप्ताह का समापन

खेल की भावना से बढ़ती है प्रतिस्पर्धा : एम.सी. मालू

नवलगढ़ (सीमा सन्देश सं.)। दो मानदंडाल पोदार ट्रस्ट की ओर से कव्चे में चालित सेंट जॉब्स पोदार कॉलेज के विद्यार्थियों का खेलकूद एवं सांस्कृतिक सप्ताह का समापन हुआ। कार्यक्रम के मुख्य अतिथि ट्रस्ट मंचिव प्रो. एम. सी. मालू थे। इस कि पर उन्होंने कहा कि विद्यार्थियों को मज्जा हकर अपने भविष्य का निर्माण करना चाहिए। खेल एवं व्यायाम से मनुष्य के शरीर तो प्रतिरक्षा प्रणाली में वृद्धि होती है। विद्यार्थियों का स्वास्थ्य अच्छा रहता है। अभ्यस्तता करते हुए पोदार कॉलेज के प्राचार्य प्रो. सत्येन्द्र सिंह ने कहा कि खेल की भावना प्रतिस्पर्धा बढ़ती है। इससे विद्यार्थियों में भावनाविद्यवास में वृद्धि होती है। विशिष्ट अतिथि



दो आनन्दलाल पोदार ट्रस्ट के सी.ई.ओ. सुवेन गंध तालुकदार ने विद्यार्थियों को खेलों में बढ़चढ़कर हिस्सा लिये के लिए प्रोत्साहित किया। पोदार कॉलेज की वनस्पति विभाग की प्रो. सुमन सैनी ने खेल एवं सांस्कृतिक गतिविधियों के साप्ताहिक परिणाम बताए। उन-प्राचार्य डॉ. विनोद सेनो ने अतिथियों को सदास्य ले. कमलेश कुमार, प्रो. मुकेश सैनी, प्रो. ज्योतिश शर्मा, प्रो. संजय मदन, दिनेश कड़वासा, डॉ. उमा सांने एवं प्रो. रचना लुनायच को धन्यवाद दिया। पोदार पब्लिसिटी में ध्वज अवंतारण, राष्ट्रध्वज के बंद खेलकूद एवं सांस्कृतिक सप्ताह का समापन किया गया। संचालन डॉ. अरुण शर्मा ने किया।

प्रतिस्पर्धा के अंतिम दिन फुटबॉल का फाइनल का मैच कला एवं विज्ञान के बीच हुआ। इसमें कला वर्ग के विद्यार्थी विजेता रहे। बॉक्सिंग में रसायन विज्ञान विभाग के डॉ. विद्यार्थियों का फाइनल मैच साहित्य अकादमी के बीच हुआ। इसमें साहित्य विजेता रहा। 400 मीटर खेल प्रभारी राजेन्द्र शर्मा एवं उनके टीम के प्रो. ज्योतिश शर्मा, प्रो. संजय मदन, दिनेश कुमार तृतीय स्थान पर रहे। दो आनन्दलाल पोदार ट्रस्ट के चेयरमैन राजेश के. पंडा, ट्रस्टी सुश्री वैदिका पोदार तथा अध्यापकी दिनेशक एम.डी. शानभागे ने स्टाफ सदस्यों एवं विद्यार्थियों को बधाई प्रेषित की।

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सीमा सन्देश

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Report of Sports Week 2018-19



SETH G.B. PODAR COLLEGE, NAWALGARH

Rambilas Podar Road, Nawalgarh (Jhunjhunu)- Raj. - 333042

SPORTS WEEK

20 TO 25 DECEMBER 2018



Submitted By:
Rajendra Bhaskar
Sports Incharge

SESSION-2018-19

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दिनांक - 11.12.2018

सेवामें,

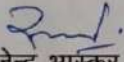
श्रीमान् प्राचार्य महोदय,
सेट, जी. बी. पोदार कॉलेज,
नवलगढ़।

विषय - महाविद्यालया में खेल-कूद सप्ताह के आयोजन की स्वीकृति बाबत।

महोदय,

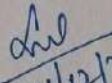
निवेदन है कि महाविद्यालय स्तर पर खेल-कूद सप्ताह का आयोजन दिनांक 20 से 25 दिसम्बर तक आयोजित करना चाहते हैं।

अतः कृपया अनुमति प्रदान कर अनुगृहीत करें।


राजेन्द्र भास्कर

खेल प्रभारी

Permitted


11/12/2018



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क्रमांक / जी.बी.पी.सी / 2018-19 /

दिनांक - 12.12.2018

आवश्यक सूचना

महाविद्यालय के समस्त छात्र-छात्राओं को सूचित किया जाता है, कि 20 दिसम्बर से 25 दिसम्बर 2018 तक महाविद्यालय में अंतर संकाय खेल-कूद प्रतियोगिता होने जा रही है, जिसमें क्रिकेट, बॉलीबॉल, कबड्डी एवं फुटबॉल की प्रतियोगिता तथा एथलेटिक्स प्रतियोगिता होगी। जिसमें प्रत्येक संकाय 13 से 18 दिसम्बर 2022 तक अपनी टीम दर्ज करवाये।

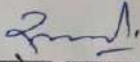
नोट :- छात्र वर्ग के खेल निम्न हैं- क्रिकेट, बॉलीबॉल, कबड्डी एवं फुटबॉल तथा एथलेटिक्स छात्र वर्ग के खेल निम्न हैं- बॉलीबॉल, एथलेटिक्स तथा कबड्डी

संपर्क सूत्र :- श्री राजेन्द्र भास्कर (खेल प्रभारी)

मोबाइल नं. :- 9982826870

स्थान :- कॉलेज काउंसलिंग रूम, रूम नं. 06

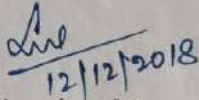
समय :- 10 बजे से सायं 03 बजे तक


राजेन्द्र भास्कर

खेल प्रभारी

प्रतिलिपि :-

- श्रीमान एम. डी शानभग सर, अधिशाषी निदेशक, ए.पी.टी. नवलगढ़ - सूचनार्थ
- डॉ. विनोद कुमार सैनी, उप प्राचार्य, पोदार कॉलेज, नवलगढ़
- IQAC Cell
- क्लास सर्कुलेशन
- ऑफिस रिकॉर्ड
- नोटिस


12/12/2018
डॉ. सत्येन्द्र सिंह
प्राचार्य

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खेल कूद के उद्देश्य

परम्परा के अनुसार प्रत्येक विद्यार्थी के खेल आवश्यक है। खेलों में विद्यार्थियों का सर्वगीण का सर्वगीण विकास होता है। इस तथ्य को ध्यान में रखते हुए खेल कूद का आयोजन महाविद्यालय में प्रति वर्ष करवाना चाहिए।

खेल कूद से विद्यार्थी अपने जीवन के कई उद्देश्य प्राप्त कर सकते हैं यथा :-

1. खेलों के माध्यम से विद्यार्थियों का शारीरिक व मानसिक विकास होता है।
2. खेलने की प्रक्रिया नियमित अपनाने से विद्यार्थियों को तनाव से मुक्ति मिलती है।
3. खेलों के प्रमाण पत्रों से विद्यार्थियों को राजकीय सेवा में जाने में लाभ मिलता है।
4. खेल भावना से आपसी सहायोग की भावना बढ़ती है।
5. खेलने से व्यक्ति को स्व-अनुशासन बढ़ता है।

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छात्रा वर्ग (Medalist)

1. 100 मीटर दौड़

- | | |
|------------------|--------------------|
| (i) चेतना कुमारी | B. Sc. III (Maths) |
| (ii) प्रियंका | M. A. (P) Geog. |
| (ii) रेखा | B. A. III |

2. 200 मीटर दौड़

- | | |
|------------------|--------------------|
| (i) चेतना कुमारी | B. Sc. III (Maths) |
| (ii) प्रियंका | M. A. (P) Geog. |
| (iii) रेखा | B. A. III |

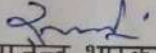
3. 400 मीटर दौड़

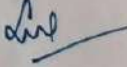
- | | |
|-----------|-------------------|
| (i) सिमरन | B. A. I |
| (ii) पूजा | B. Sc. III (Bio.) |
| (iii) मधु | B. A. II |

4. खो-खो

विजेता (B. Sc. III)

उप-विजेता (M. A. Pre.)


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प्राचार्य

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छात्र वर्ग (Medalist)

1. 100 मीटर दौड़

- | | |
|------------------|----------------|
| (i) प्रदीप कुमार | B. A. III |
| (ii) मनोज | B. Sc. II Bio. |
| (iii) दिनेश | B. A. III |

2. 200 मीटर दौड़

- | | |
|--------------------|-----------------|
| (i) मनोज कुमार | B. Sc. II (Bio) |
| (ii) संदीप | B. A. I |
| (iii) प्रदीप कुमार | B. A. III |

3. 400 मीटर दौड़

- | | |
|---------------------|------------------------|
| (i) देवेन्द्र सिंह | M. A. (P) Pol. Science |
| (ii) संदीप मिठारवाल | M. A. (F) History |
| (iii) नवीन | B. A. II |

4. 800 मीटर दौड़

- | | |
|------------------|--------------------|
| (i) संदीप कुमार | M. A. (F) History |
| (ii) सुनील कुमार | B. A. II |
| (iii) अनुज कुमार | B. Sc. III (Maths) |

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5. क्रिकेट

विजेता (कला संकाय)

उप-विजेता (विज्ञान)

6. वॉलीबॉल

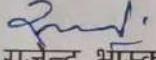
विजेता (M. Sc. Physics)

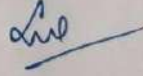
उप-विजेता (B. A.)

7. कबड्डी

विजेता (M. Sc. Physics)

उप-विजेता (B. A.)


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प्राचार्य

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क्रिकेट

विजेता (कला संकाय)

उप-विजेता (विज्ञान)

1. सचिन

1. अब्दुल

2. अनुज

2. सोहिल

3. अजय कुमार

3. फुरकान

4. पंकज

4. अमन

5. आदित्य

5. धर्मेन्द्र

6. कमलेश कुमार

6. सौरभ

7. कमलेश कुमार

7. सौरभ

8. गौतम

8. अंकित कुमार

9. कोनिकल

9. विकास

10. अभिषेक

10. मनीष कुमार

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खो-खो छात्रा

विजेता (B. Sc. III)

उप-विजेता (M. A. Pre.)

1. चेतना कुमारी
2. निहारिका
3. अंकिता
4. सिमरन
5. रूपल
6. वन्दना
7. पूजा
8. प्रीति
9. प्रिया
10. सुशीला
11. मोनिका

1. प्रियंका
2. रेखा
3. सोम्या
4. मधु
5. कोमल
6. पूजा सैनी
7. पूनम चावला
8. कल्पना
9. मोनिका चौधरी
10. फरजाना
11. खुशी

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वॉलीबॉल

विजेता (M. Sc. Physics)

उप-विजेता (B. A.)

1. प्रवीण चौधरी

1. सतवीर पूनियां

2. नवीन ढाका

2. नविन जाखड़

3. केशर

3. राहुल चौधरी

4. अमित

4. बुलकेश

5. पुनीत कुमार

5. नरेश ढाका

6. रविन्द्र कुमार

6. गौरव

7. विकास

7. उज्ज्वल

बुगालिया

8. भावेश

8. आदित्य कुमार

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कबड्डी

विजेता (M. Sc. Physics)

उप-विजेता (B. A.)

1. रणवीर

1. अनुज कुमार

2. राकेश

2. मैनपाल

3. अमित

3. मनीष

4. सौरभ

4. अजित

5. रविन्द्र

5. सन्दीप

6. दिनेश सैनी

6. विकास मान

7. सुभाष यादव

7. मंजीत सिंह

8. प्रवीण

8. युवराज सिंह

9. नविन

9. पंकज कुमार

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THE ANANDILAL PODAR TRUST, NAWALGARH

खेल सप्ताह की रिपोर्ट

पोदार कॉलेज में खेल सप्ताह का शुभारम्भ:-

नवलगढ़ दी आनन्दीलाल पोदार ट्रस्ट द्वारा संचालित संस्था सेठ जी. बी. पोदार कॉलेज में डॉ. रामनाथ ए. पोदार स्पोर्ट्स मैदान पर खेल सप्ताह का शुभारम्भ हुआ। इसमें मुख्य अतिथि श्री सुशील मील निदेशक, सुबोध स्कूल, नवलगढ़ रहे। कार्यक्रम की अध्यक्षता पोदार कॉलेज के प्राचार्य डॉ. सत्येन्द्र सिंह ने की, विशिष्ट अतिथि कॉलेज उप-प्राचार्य डॉ. विनोद सैनी रहे। खेल प्रभारी कमलेश सैनी ने बताया इस सप्ताह में 400 मीटर, 800 मीटर एवं 1600 मीटर दौड़, क्रिकेट, फुटबॉल, वॉलीबॉल, बैडमिंटन, कबड्डी, खो-खो जैसी प्रतियोगिताएँ होंगी। पोदार कॉलेज उप-प्राचार्य ने सप्ताह भर चलने वाली प्रतियोगिताओं में खिलाड़ियों को खेल भावना एवं अनुशासन में रहकर खेल प्रतियोगिता में बढ़-चढ़ कर भाग लेना चाहिए। मुख्य अतिथि श्री सुशील मील ने अपने उद्बोधन में कहा कि पोदार ट्रस्ट व कॉलेज प्रबंधन के द्वारा विद्यार्थियों को खेलकूद गतिविधियों को सुचारु रूप में चलाने हेतु बेहतर संसाधन उपलब्ध कराए हुए हैं। विद्यार्थियों को इन खेल संसाधनों का उपयोग ठीक ढंग से करके अपने भविष्य को निखारना चाहिए। साथ ही कहा कि पोदार कॉलेज के पास इतना विशाल खेल मैदान है, इस खेल मैदान व संसाधनों का उपयोग कर अच्छे खिलाड़ी बन सकते हैं।

पोदार कॉलेज प्राचार्य डॉ. सत्येन्द्र सिंह ने अपने अध्यक्षीय उद्बोधन में कहा कि पोदार कॉलेज प्रबंधन खेल कूद गतिविधियों को बढ़ावा देने के लिए काफी प्रयासरत है और विद्यार्थियों को संसाधनों की कमी नहीं आने दी जायेगी।

उद्घाटन मैच में 400 मीटर दौड़ में देवेन्द्र सिंह प्रथम संदीप मीठारवाल द्वितीय, 800 मीटर दौड़ में संदीप कुमार प्रथम, सुनिल कुमार द्वितीय, 1600 मीटर दौड़ में अनुज कुमार प्रथम, कुलदीप कुमार द्वितीय विजेता रहे। इसी प्रकार वॉलीबॉल में एम.एस.सी. भौतिकी और बी.ए. 02-00 से विजेता रही। क्रिकेट में कला संकाय एवं एम.एस.सी. गणित विजेता रहे, खो-खो में बी.एस.सी तृतीय वर्ष विजेता रही। बैडमिंटन में बालिका वर्ग में श्रेया विजेता रही।

पोदार ट्रस्ट के चैयरमेन कान्तिकुमार आर. पोदार एवं ट्रस्टी सुश्री वेदिका पोदार की हमेशा से यही सोच रही है, कि कॉलेज स्तर पर खेल-कूद गतिविधियों को खूब बढ़ावा देना चाहिए, जिससे देश को अच्छे खिलाड़ी मिल सकें। पोदार ट्रस्ट इसके लिए प्रयासरत है, कि विद्यार्थियों को खेल-कूद गतिविधियों को चलाने के लिए अच्छे संसाधन उपलब्ध होते रहें।

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पोदार कॉलेज में खेल सप्ताह का समापन

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उद्घाटन मैच में 400 मीटर दौड़ में प्रदीप सिंह ने प्रथम तथा पवन कुमार ने द्वितीय स्थान प्राप्त किया।

पोदार ट्रस्ट के चैयरमेन कान्तिकुमार आर. पोदार एवं ट्रस्टी सुश्री वेदिका पोदार की हमेशा

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

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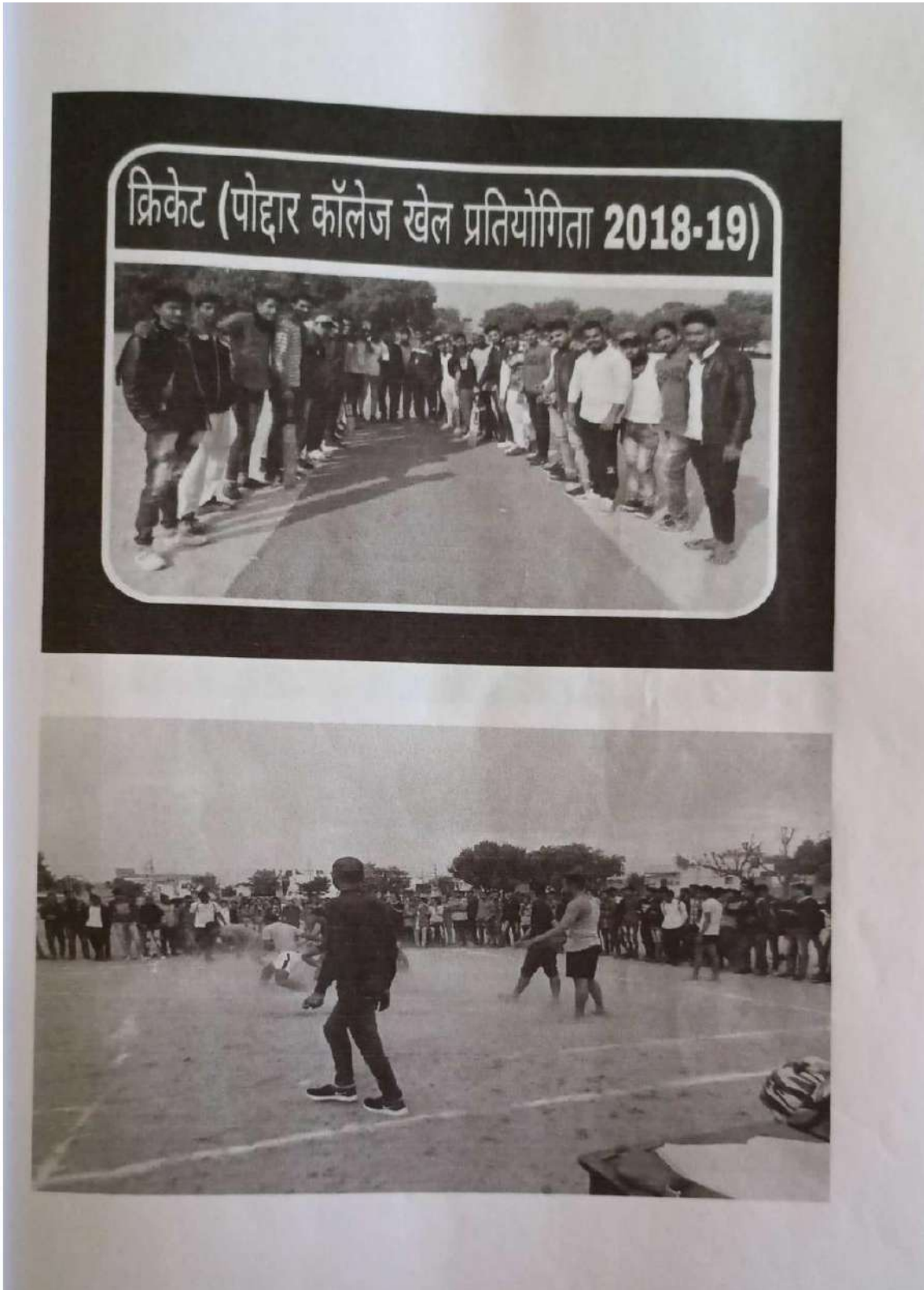
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कबड्डी (पोदार कॉलेज खेल प्रतियोगिता, 2018-19)



बैडमिंटन (पोदार कॉलेज खेल प्रतियोगिता 2018-19)



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क्रिकेट (पोदार कॉलेज खेल प्रतियोगिता 2018-19)



दोड. (पोदार कॉलेज खेल प्रतियोगिता 2018-19)



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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Report of Sports Week 2017-18



SETH GYANIRAM BANSIDAHR PODAR COLLEGE, NAWALGARH

Sports Week-(2017-18)

REPORT



Submitted By:

Mr. Sandeep Kumar Bijaraniya

Sports Coordinator

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Date: - 2/10/2017

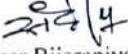
To
Principal
Seth Gyaniram Bansidhar Podar College
Nawalgarh



Subject: - Regarding Permission for Sports Week

Sir

There is an article on the above subject that permission should be given to organize sports week for the session 2017-18. Various events like football, kabaddi, badminton, volleyball, running etc. will be organized during the sports week.

Therefore, you are requested to kindly grant permission to organize the sports week.

Yours sincerely 
Mr. Sandeep Kumar Bijaraniya
Sports Coordinator


for 
02/10/2017
Principal
Seth G.B. Podar College
Nawalgarh - 333042

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)


Date:-03/10/2017


Notice

All the students of the college are informed that sports week is being organized in the college from 06/10/2017 to 11/10/2017. Students of all faculties desirous of participating in the sports competition should contact the sports in-charge of the college and nominate their sports team by 05/10/2017.

The following sports will be organized during the sports week

1. Football
2. Kabaddi
3. Badminton
4. Volleyball
5. Running (100M, 200M, 400M, 800M, 1500M)


(Mr. Sandeep Kumar Bijaraniya)
Sports Coordinator


(Dr. Satyendra Singh)
Principal
Seth G.B. Podar College
Nawalgarh - 333042

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Report of Sports Week 2017-18

A sports and cultural week was organized from 06 October 2017 to 11 October 2017 at Dr. A. Ramnath Podar Pavilion by Seth Gyaniram Bansidhar Podar College, Nawalgarh which runs under the Anadilal Podar Trust.

On 06th October, it was inaugurated by the principal, Seth Gyaniram Bansidhar Podar College, Nawalgarh. A holy light was lit before the goddess of Saraswati and lord Ganesha by the Principal for its auspicious beginning. The principal gave an inspirational speech on this occasion to motivate the students. After it, Mr. Sandeep Kumar Bijaraniya, sports coordinator, gave the full details of all the events which were happening in this sports week.

The students showed their great interest in all the events. There was a good sports spirit among the students. Not only the boys but also the girls participated in the games. The students of UG and PG of all streams (Arts, Commerce and Science) enjoyed all the matches which were played in this week.

The students of all the classes went there to support their colleagues. They were hooting while their favorite players were taking part in these games.

The matches of football were lovely to watch. There was a close contest in these matches. The players showed their best in these games.

On the last day, a cultural programme was also organized. In it, dances, songs, speeches were presented by the students.

At last, the principal highlighted the sports values in our life. He described sports as an important part of life and conveyed the message that sports keep us healthy. Further, he motivated the students and staff members to take up sports regularly.

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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Sports Week (2017-18) Result Sheet

1. 100mtr Run (Girls)

Sr. No.	Player	Class	Rank
1	Preeti Bhakar	B.A.-III	Winner
2	Pooja Kumari	B.Sc.-I	Runner-Up

2. Badminton (Girls)

Sr. No.	Player	Class	Rank
1	Priyanka Kumari	B.A.-III	Winner
2	Niharika Sharma	B.Sc.-III	Runner-Up

Note: Priyanka Kumari won by 21-17 and 21-14.

3. Discus Throw (Girls)

Sr. No.	Player	Class	Rank
1	Divya	B.Sc.-I	Winner
2	Pooja Kumari	B.Sc.-I	1 st Runner-Up
3	Sonu Kumari	B.Com.-III	2 nd Runner-Up

4. Short Put Throw (Girls)

Sr. No.	Player	Class	Rank
1	Bharti Saini	B.Com.-III	Winner
2	Kanika Singh	B.Sc.-I	1 st Runner-Up
3	Priyanka Kumawat	B.A.-III	2 nd Runner-Up

5. Javelin Throw (Girls)

Sr. No.	Player	Class	Rank
1	Chetana Kumari	B.Sc.-I	Winner
2	Preeti Bhakar	B.A.-III	1 st Runner-Up
3	Savita	B.A.-III	2 nd Runner-Up

6. 100mtr Run (Boys)

Sr. No.	Player	Class	Rank
1	Sunil Kumar	B.Sc.-III	Winner
2	Kamlesh Lamba	NCC	1 st Runner-Up
3	Anil Saini	B.Sc.-III	2 nd Runner-Up

7. 200mtr Run (Boys)

Sr. No.	Player	Class	Rank
1	Anil Saini	B.Sc.-III	Winner
2	Deepak Kumar	NCC	1 st Runner-Up
3	Sunil Kumar	B.Sc.-III	2 nd Runner-Up

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8. 400mtr Run (Boys)

Sr. No.	Player	Class	Rank
1	Sachin Kumar	B.A.-III	Winner
2	Anil Kumar	NCC	1 st Runner-Up
3	Lokendra Singh	B.Sc.-III	2 nd Runner-Up

9. 800mtr Run (Boys)

Sr. No.	Player	Class	Rank
1	Chain Singh	B.Sc.-III	Winner
2	Pratap Singh	NCC	1 st Runner-Up
3	Rohitash Moond	NCC	2 nd Runner-Up

10. Short Put Throw (Boys)

Sr. No.	Player	Class	Rank
1	Mandeep	B.Com.-III	Winner
2	Manish Kumar	NCC	1 st Runner-Up
3	Anand Singh	NCC	2 nd Runner-Up

11. Kabaddi (Boys)

Sr. No.	Class Team	Rank
1	B.A.-III	Winner
2	B.Sc.-III	Runner-Up

12. Volleyball (Boys)

Sr. No.	Class Team	Rank
1	B.Sc. (All)	Winner
2	NCC Team	Runner-Up

Note: B.Sc. (All) won by 25-20 and 25-19

13. Badminton (Boys)

Sr. No.	Player	Class	Rank
1	Karmveer Nain	B.Sc.-III	Winner
2	Sandeep Jangir	B.A.-III	Runner-Up

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100mtr Run (Girls) Participated Players List

Sr. No.	Player Name	Class
1	Preeti Bhakar	B.A.-III
2	Bharti Saini	B.Com.-III
3	Kanika Singh	B.Sc.-I
4	Priyanka Kumawat	B.A.-III
5	Pooja Kumari	B.Sc.-I
6	Bharti Saini	B.Com.-III
7	Kanika Singh	B.Sc.-I
8	Priyanka Kumawat	B.A.-III
9	Chetana Kumari	B.Sc.-I

Badminton (Girls) Participated Players List

Sr. No.	Player Name	Class
1	Sandhaya Saini	B.Sc.-III
2	Niharika Sharma	B.Sc.-III
3	Ritu Sharma	B.Sc.-III
4	Bharti Saini	B.Com.-III
5	Radhika Patodia	B.Com.-III
6	Savita	B.A.-III
7	Priyanka Kumari	B.A.-III
8	Preeti Bhakar	B.A.-III

Discus Throw (Girls) Participated Players List

Sr. No.	Player Name	Class
1	Chetana Kumari	B.Sc.-I
2	Divya	B.Sc.-I
3	Niharika Vashishath	B.Sc.-I
4	Ankita Kumari Moond	B.Sc.-I
5	Pooja Kumari	B.Sc.-I
6	Sonu Kumari	B.Com.-III
7	Aarti Saini	B.Sc.-III

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Short Put Throw (Girls) Participated Players List

Sr. No.	Player Name	Class
1	Megha Yadav	B.Sc.-I
2	Ankita Kumari Moond	B.Sc.-I
3	Monika Saini	B.Com.-III
4	Bharti Saini	B.Com.-III
5	Priyanka Kumawat	B.A.-III
6	Divya	B.Sc.-I
7	Kanika Singh	B.Sc.-I

Javelin Throw (Girls) Participated Players List

Sr. No.	Player Name	Class
1	Ritu Sharma	B.Sc.-III
2	Savita	B.A.-III
3	Preeti Bhakar	B.A.-III
4	Pooja Kumari	B.Sc.-I
5	Niharika Vashishath	B.Sc.-I
6	Megha Yadav	B.Sc.-I
7	Chetna Kumari	B.Sc.-I
8	Ankita Kumari Moond	B.Sc.-I

100mtr Run (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Dharmveer Pilaniya	NCC
2	Sunil Kumar	B.Sc.-III
3	Anil Saini	B.Sc.-III
4	Kamlesh Lamba	NCC
5	Manish Kumar	NCC

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200mtr Run (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Chandra Prakash	NCC
2	Anil Kumawat	B.Com.-III
3	Deepak Kumar	NCC
4	Bulesh Kumar	B.A-III
5	Amit Kumar	B.A-III
6	Naveen Kumar	NCC

400mtr Run (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Naresh Kumar	NCC
2	Sachin Kumar	B.A-III
3	Anil Kumar	NCC
4	Gajendra Sharma	B.Sc.-III
5	Lokendra Singh	B.Com.-III

800mtr Run (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Jitendra Kumar	NCC
2	Chain Singh	B.Sc.-III
3	Pawan Kumar	NCC
4	Pratap Singh	NCC
5	Praveen Kumar	NCC
6	Rohitash moond	NCC
7	Ved Prakash	B.Sc.-III
8	Dinesh Saini	B.A-III

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Short Put Throw (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Anand Singh	NCC
2	Pradeep Singh	B.A.-III
3	Mandeep	B.Com.-III
4	Pawan Kumar Khedar	B.Sc.-III
5	Manish Kumar	NCC
6	Vikram Singh	NCC

Kabaddi (Boys) Participated Players List

Team-1

Sr. No.	Player Name	Class
1	Vikram Saini (C)	B.Sc.-III
2	Mahendra	B.Sc.-III
3	Juber Khan	B.Sc.-III
4	Amit Maharia	B.Sc.-III
5	Deepak Sharma	B.Sc.-III
6	Pankaj Saini	B.Sc.-III
7	Sunil Kumar	B.Sc.-III
8	Aashish Kumar Chahar	B.Sc.-III
9	Gouri Shankar	B.Sc.-III

Kabaddi (Boys) Participated Players List

Team-2

Sr. No.	Player Name	Class
1	Sourabh Jangir	B.Com.-III
2	Lalit Kumar Saini	B.Com.-III
3	Gaurav Gahalot	B.Com.-III
4	Pradeep Kumar	B.Com.-III
5	Mukesh Kumar Sharma	B.Com.-III
6	Rahul Meratia (C)	B.Com.-III
7	Lokendra Singh	B.Com.-III
8	Ashutosh Sharma	B.Com.-III
9	Pramod Nehra	B.Com.-III

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Kabaddi (Boys) Participated Players List

Team-3

Sr. No.	Player Name	Class
1	Balveer Singh (C)	B.A.-III
2	Anil Kumar	B.A.-III
3	Dinesh Kumar	B.A.-III
4	Kripal Singh	B.A.-III
5	Krishan Kumar	B.A.-III
6	Mahipal Singh	B.A.-III
7	Mahendra Singh	B.A.-III
8	Arun Jhajharia	B.A.-III
9	Anil Kumar Nayak	B.A.-III

Kabaddi (Boys) Participated Players List

Team-4

Sr. No.	Player Name	Class
1	Dharmveer Pilaniya	NCC
2	Sandeep Jat	NCC
3	Manish Kumar	NCC
4	Naresh Kumar (C)	NCC
5	Nikhil Fageria	NCC
6	Rohitash Moond	NCC
7	Vijay Kumar Saini	NCC
8	Yogendra Kumar	NCC
9	Ankit Kumar	NCC

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Volleyball (Boys) Participated Players List

Team-1

Sr. No.	Player Name	Class
1	Naresh Kumar	NCC Team
2	Anuj Kumar Mishra	NCC Team
3	Sandeep Jat (C)	NCC Team
4	Kamlesh Lamba	NCC Team
5	Chandra Prakash	NCC Team
6	Sunil Tetarwal	NCC Team
7	Wasim Akram	NCC Team
8	Lokesh Gurjar	NCC Team
9	Nikhil Fageria	NCC Team

Volleyball (Boys) Participated Players List

Team-2

Sr. No.	Player Name	Class
1	Abhishek Doot	B.Sc.-III
2	Mohit Jangid	B.Sc.-III
3	Praveen Kumar (C)	B.Sc.-III
4	Saish Saini	B.Sc.-III
5	Chain Singh	B.Sc.-III
6	Pankaj Kumar	B.Sc.-III
7	Rahul Saini	B.Sc.-III
8	Amit Kumar Dhaka	B.Sc.-III
9	Sharafat Ali	B.Sc.-III

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Volleyball (Boys) Participated Players List

Team-3

Sr. No.	Player Name	Class
1	Pintu Kumawat	B.Com.-III
2	Sandeep Bugalia	B.Com.-III
3	Pramod Nehra	B.Com.-III
4	Sunil Saini	B.Com.-III
5	Rohit Sharma (C)	B.Com.-III
6	Rajveer Saini	B.Com.-III
7	Harlal Meel	B.Com.-III
8	Lalit Kumar Saini	B.Com.-III
9	Dipendra Singh	B.Com.-III

Volleyball (Boys) Participated Players List

Team-4

Sr. No.	Player Name	Class
1	Abhishek Meel	B.A.-III
2	Abhishek Nehra	B.A.-III
3	Ajay Singh	B.A.-III
4	Amar Singh Shekhawat (C)	B.A.-III
5	Anil Mahich	B.A.-III
6	Anuj Kumar	B.A.-III
7	Hemraj Saini	B.A.-III
8	Jitendra Singh	B.A.-III
9	Hitesh Kumar	B.A.-III

Badminton (Boys) Participated Players List

Sr. No.	Player Name	Class
1	Vivek Sharma	B.Com-III
2	Kapil Dev	B.A.-III
3	Kamlesh Saini	B.Sc.-III
4	Sandeep Jat	NCC
5	Karmveer Nain	B.Sc.-III
6	Sandeep Jangir	B.A.-III
7	Nikhil Fageria	NCC
8	Sahid Jindran	B.Com-III

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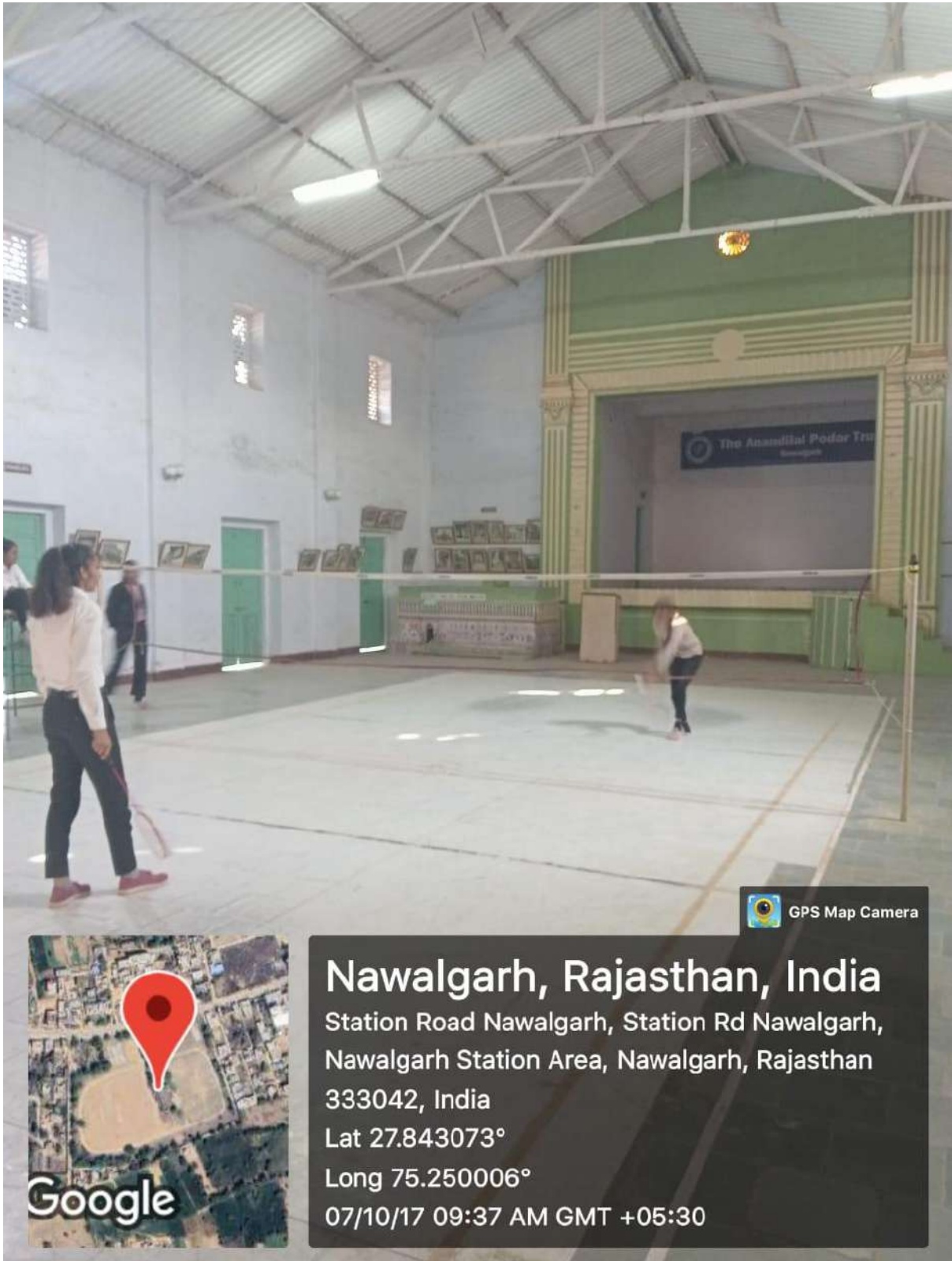
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Nawalgarh, Rajasthan, India

Station Road Nawalgarh, Station Rd Nawalgarh,
Nawalgarh Station Area, Nawalgarh, Rajasthan
333042, India

Lat 27.843073°

Long 75.250006°

07/10/17 09:37 AM GMT +05:30

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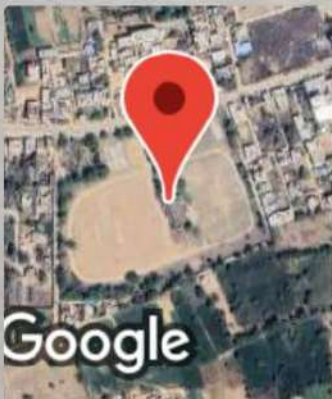
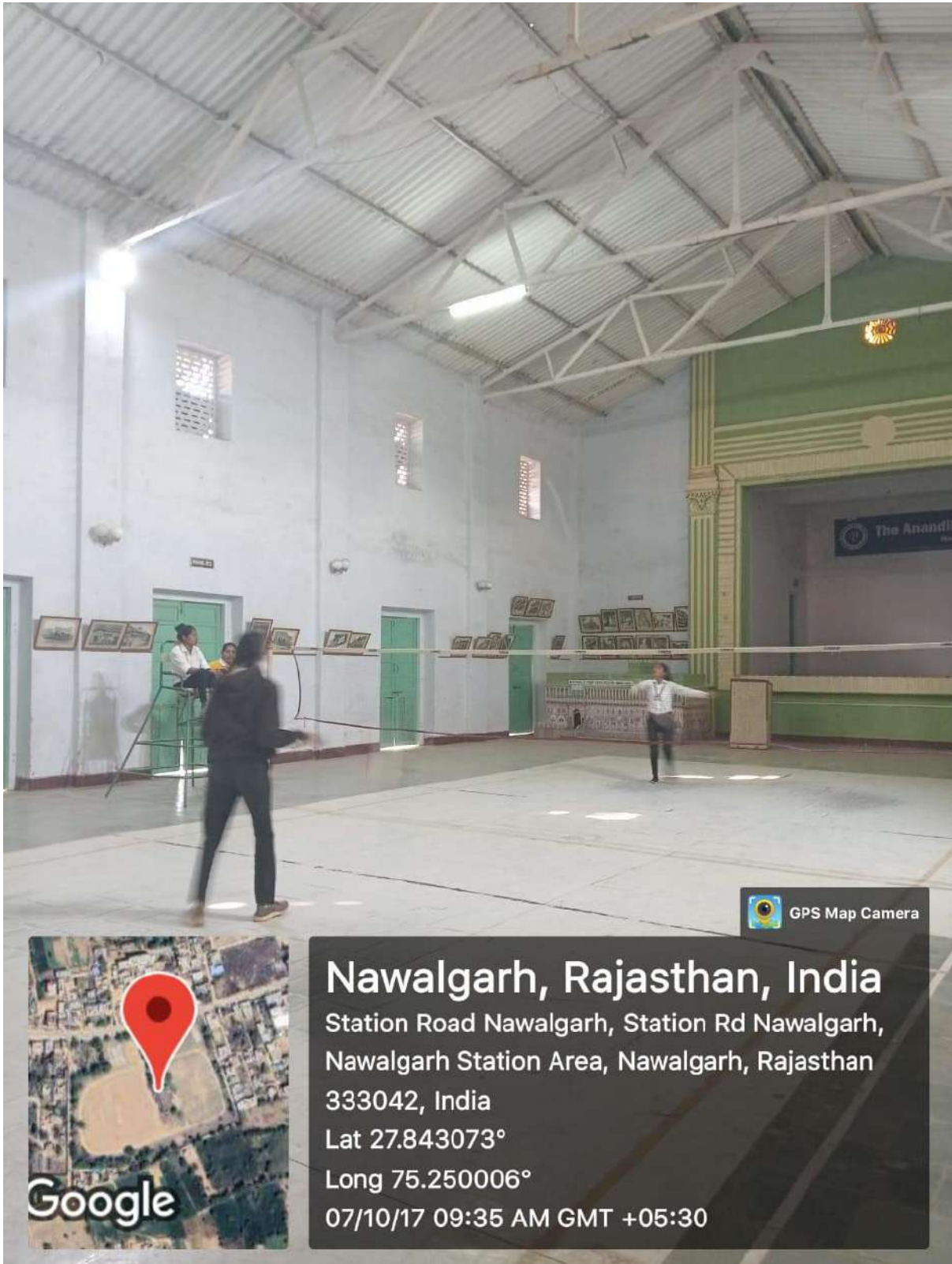
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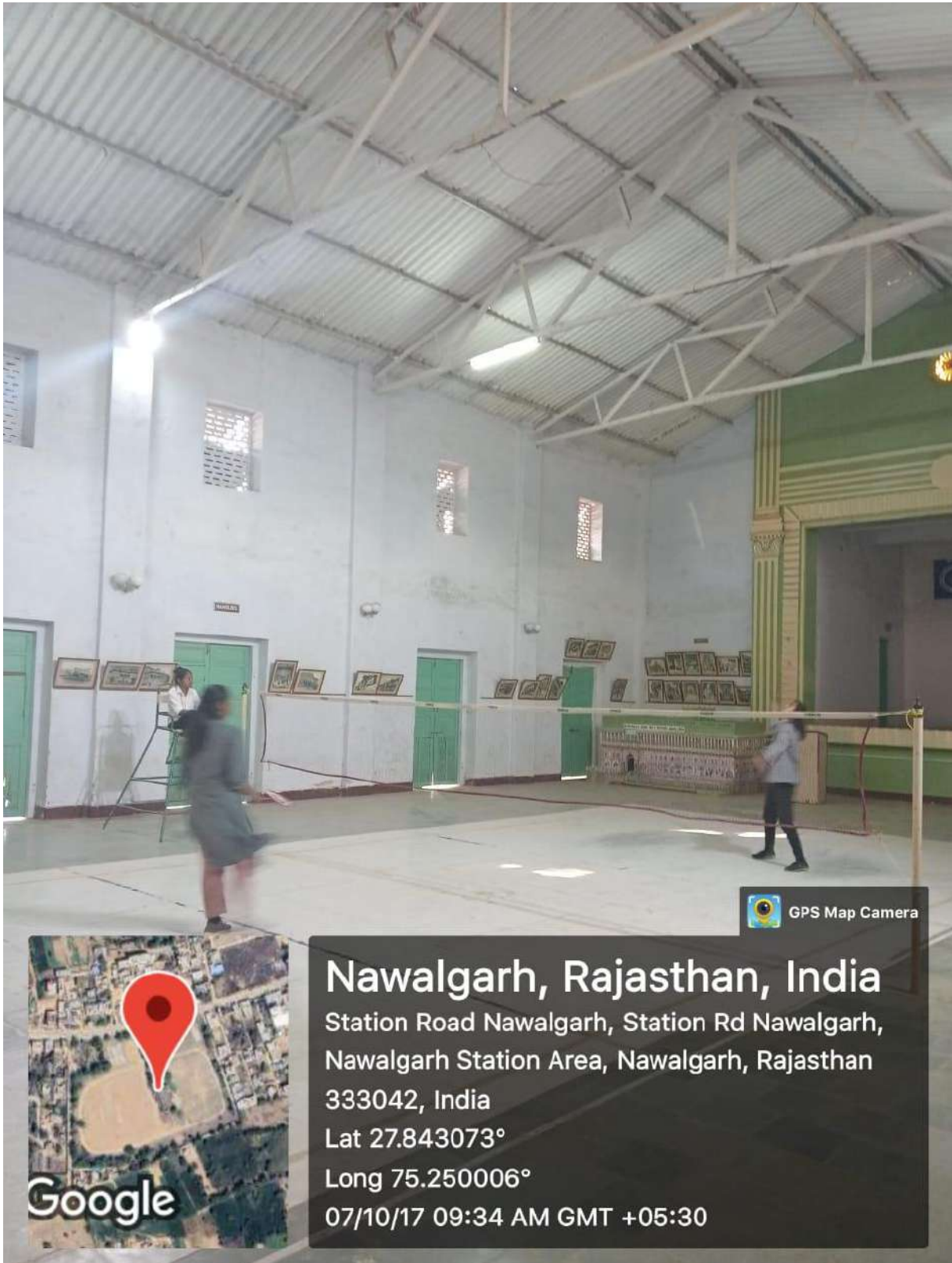
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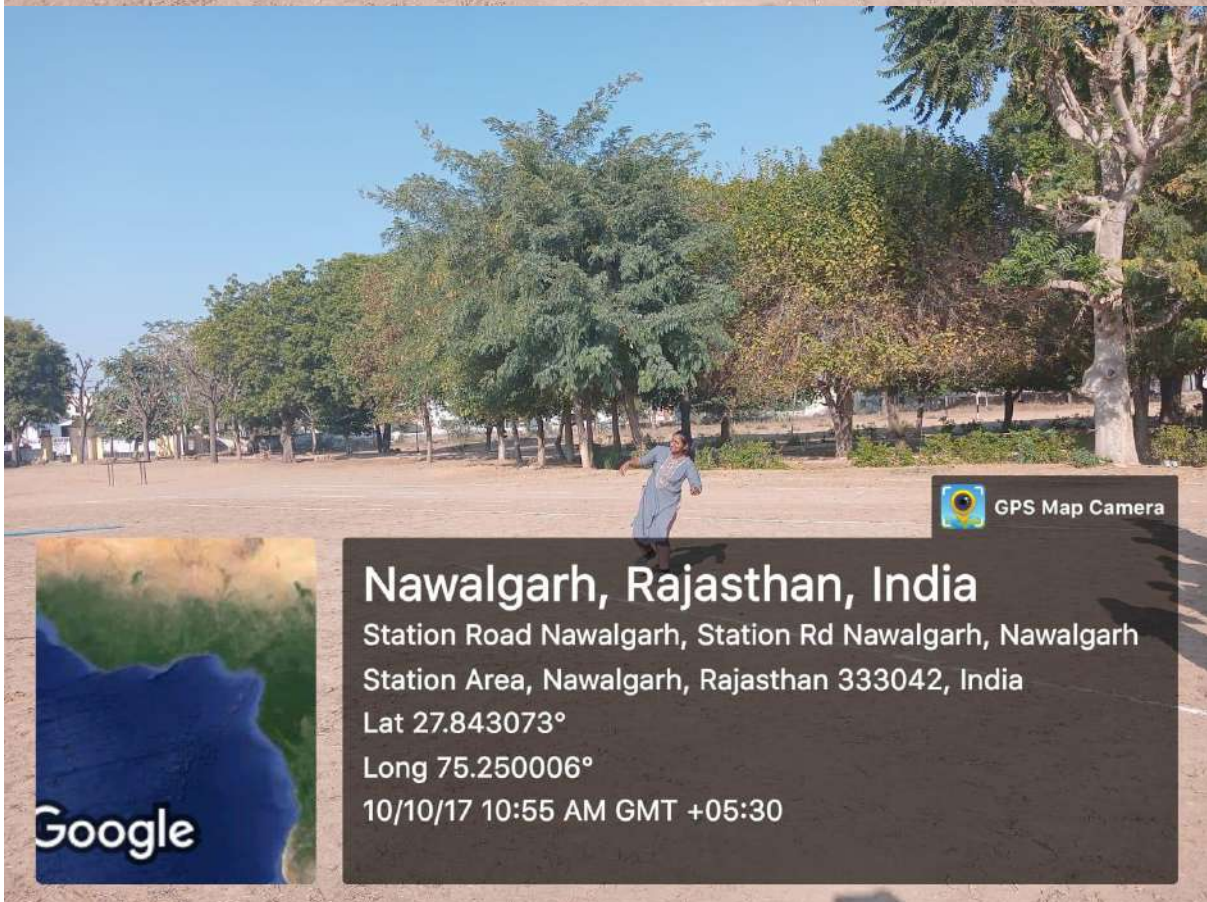
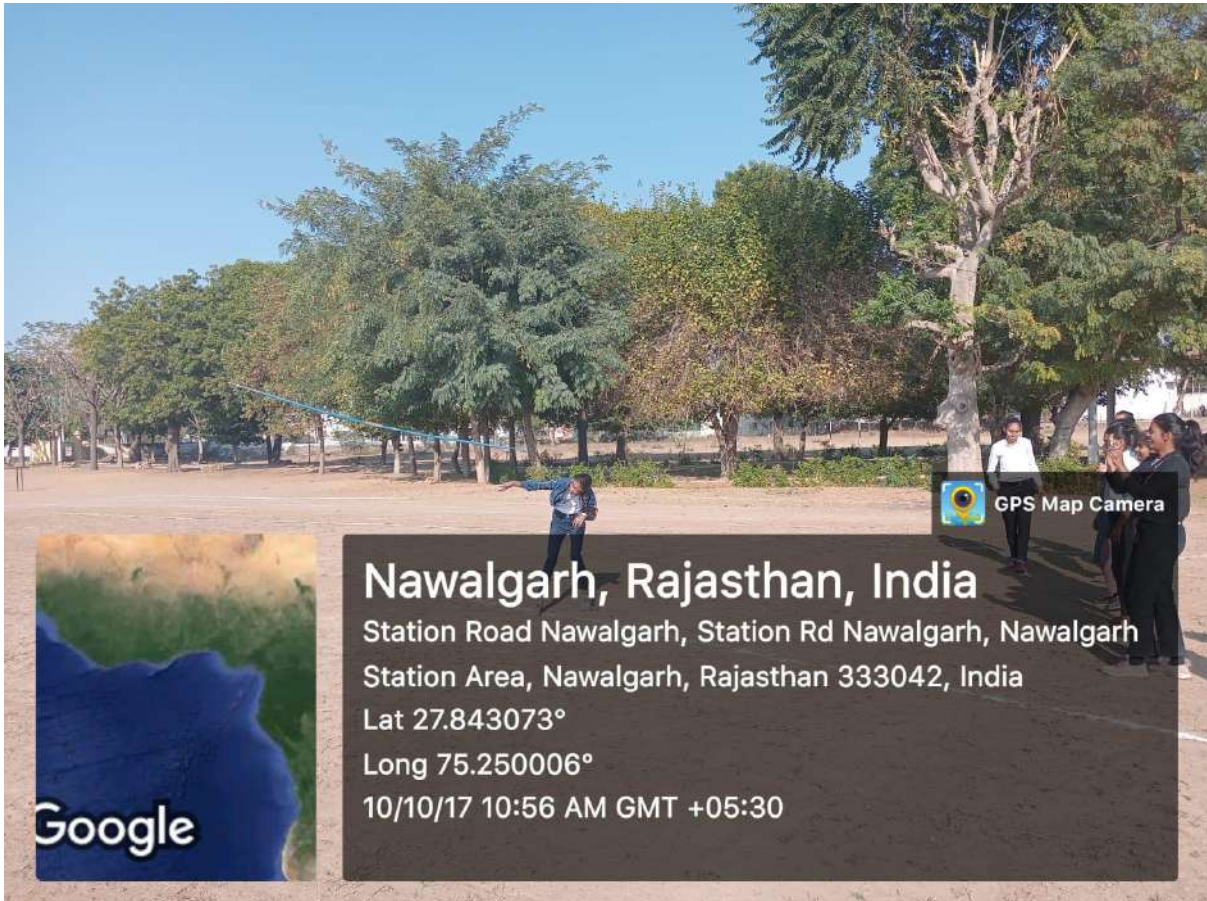
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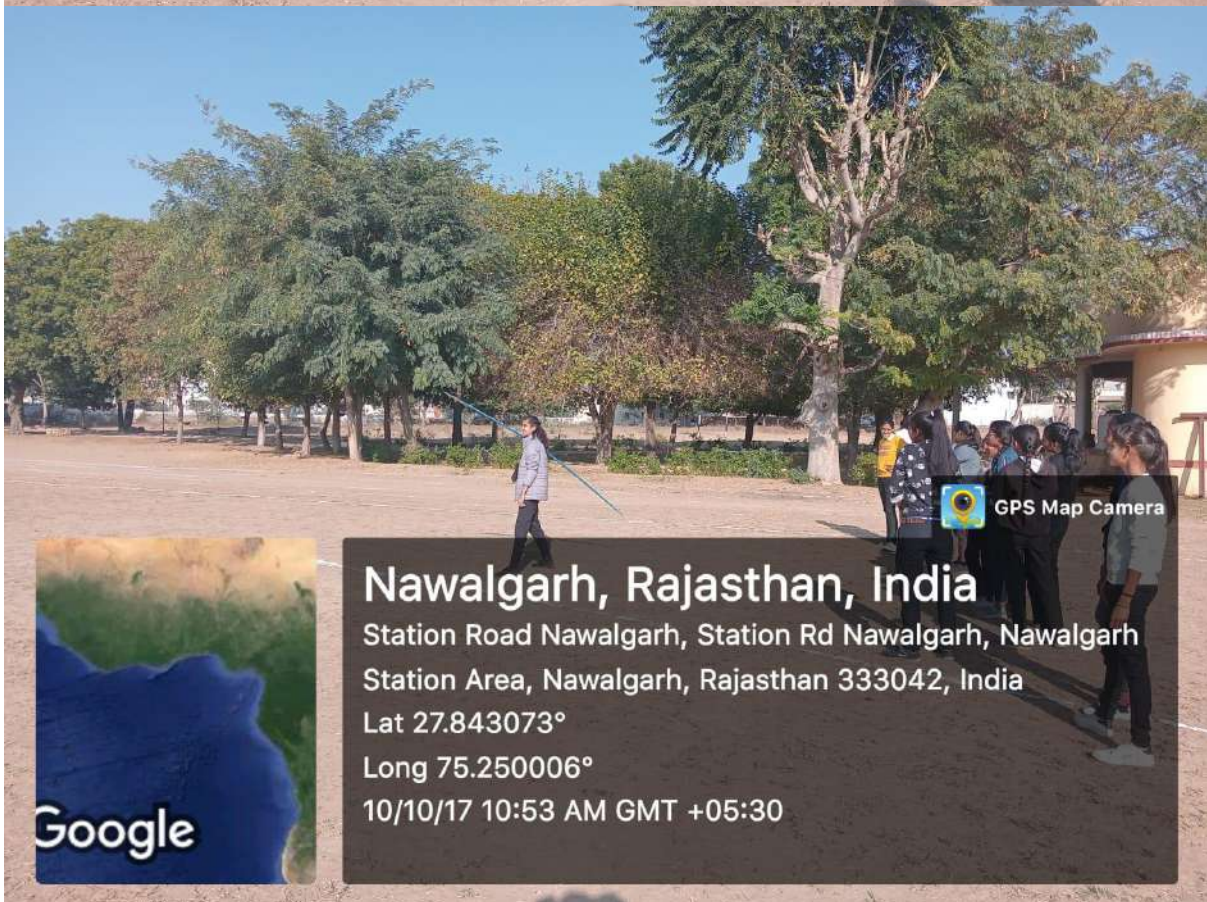
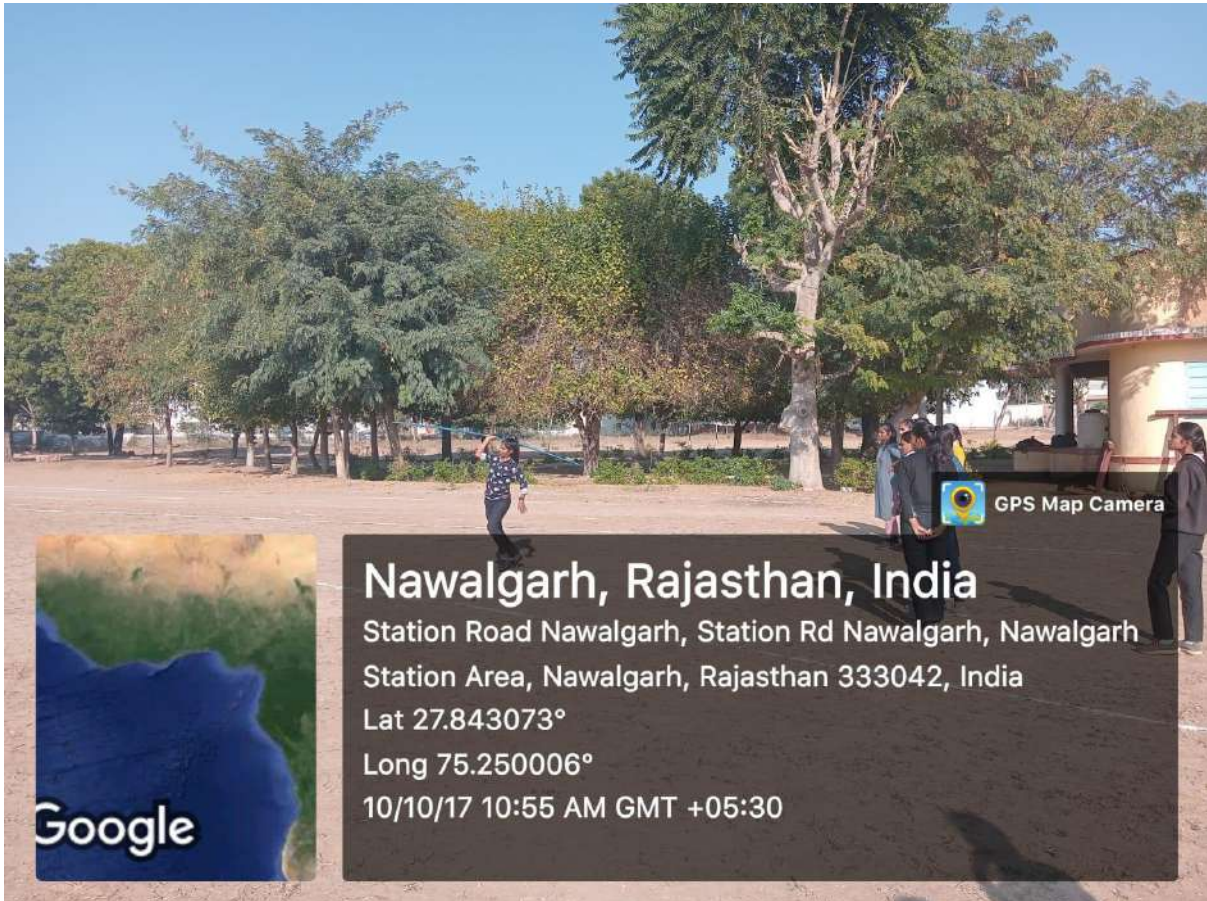
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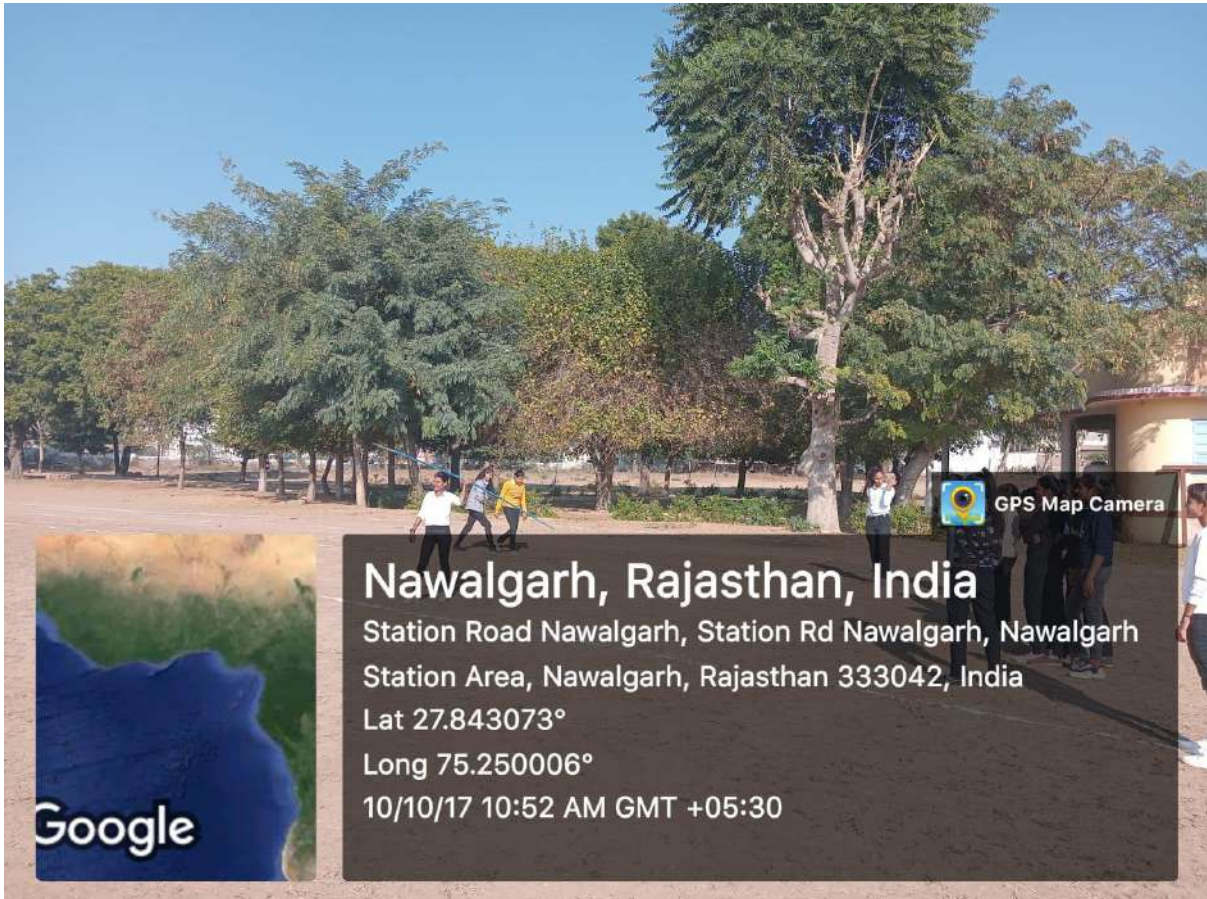
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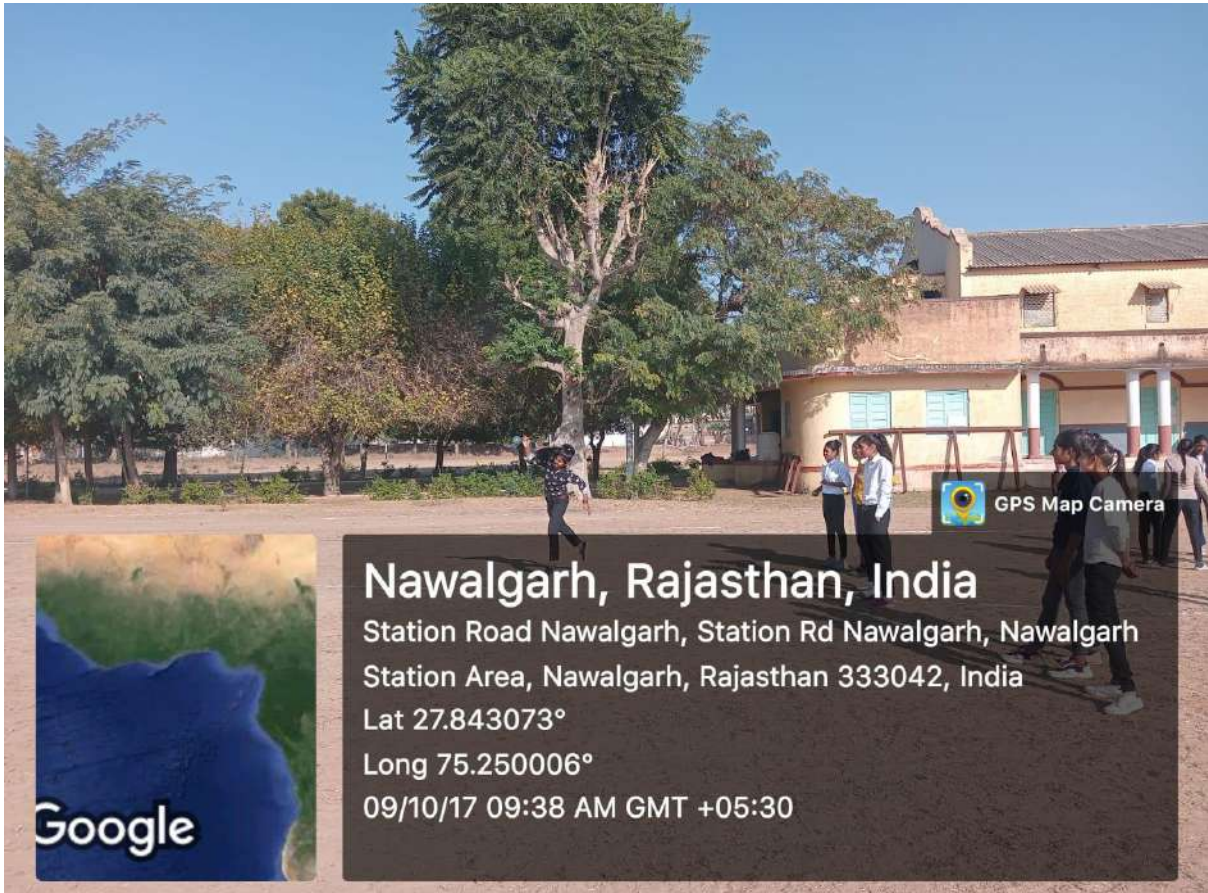
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SETH GYANIRAM BANSIDHAR PODAR COLLEGE

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Report of Extra Curricular Cultural Activities- 2017-18



SETH GYANIRAM BANSIDHAR PODAR COLLEGE, NAWALGARH

Extra-Curricular Cultural Activities-(2017-18)

REPORT



Submitted By:

Prof. Rakesh Jangir

Coordinator

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

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KRITVA

EXTRA-CURRICULAR CULTURAL ACTIVITIES

11-16 December 2017

SETH G.B. PODAR COLLEGE, NAWALGARH RAJASTHAN

IN COLLABORATION WITH ALL DEPARTMENTS

On

11 to 16 December 2017

Time: 10 am-4pm

Convener

Dr.D.L. BOHRA(Convener)

Coordinator

Prof. Rakesh Jangir

Organizing Secretary

Dr. Santosh Jangir

Organizing Members

Dr. Sanjay Kumar Saini

Mr. Vidyadhar Sharma

Mr. Mukesh Saini

VENUE

College Campus

Seth G.B.Podar College, Nawalgarh, Rajasthan

Date & Time

11 December 2017 to 16 December 2017

Time - 10:00 AM To 04:00 PM

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu - 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Ref. No.: GBPC/2017/275/B


01 December 2017

NOTICE

It is informed to all the students that the college is organizing a cultural programme named "kritva" from 11 to 16 December-2017. In this programme following activities will be held. Interested students register their name undersigned .

1.	Debate Competition	Mr. Rakshpal Singh Rathore	11/12/2017
2.	Poster making competition	Mr. Rakshpal Singh Rathore	11/12/2017
3.	Essay Writing	Mr. Rakshpal Singh Rathore	12/12/2017
4.	Mehndi Competition	Dr. Santosh Jangir	13/12/2017
5.	Rangoli Competition	Dr. Santosh Jangir	13/12/2017
6.	Antakshari	Mr. Rakesh Jangir	14/12/2017
7.	Singing Competition(Solo)	Mr. Rakesh Jangir	14/12/2017
8.	Singing Competition(Group)	Mr. Rakesh Jangir	14/12/2017
9.	Fashion Show	Dr. Sanjay Kumar Saini	15/12/2017
10.	Dance Competition(Solo)	Dr. Sanjay Kumar Saini	16/12/2017
11.	Dance Competition(Group)	Dr. Sanjay Kumar Saini	16/12/2017


Convener
Dr. D.L. Bohra


Principal
Dr. Satyanader Singh
Principal
Seth G.B. Podar College
Nawalgarh - 333042

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OBJECTIVES

'College Fests' shows some fluctuations in the excitement levels of students who are otherwise leading a monotonous life cycle of eating, sleeping, lectures, and repeating. Doesn't it make sense? During preparations for the festive season, all the students can sense the scent of hard work, those organizing it, and those sacrificing their health to achieve victory.

There are several events in college fest like **Rangoli making, Poster making, Essay writing, Debate competition, Fashion Show, Antakshari, Singing and Dancing competition, etc.** Where students just go to participate and bring fame for them.

1. Find where your heart is:

A college fest typically provides a perfect setting for showcasing all kinds of skills, whether arts, education, sports, or more informal, hogging a lot of food in the shortest amount of time. However ridiculous or spectacular the event may be, being the winner of it makes everyone feel good. Metals are highly regarded and can boost a person's self-esteem. The knowledge that you are accepted for your weird skills provides people with a sense of importance. That's why fests hold a significant importance in a student's life.

2. Meeting right people and huge gathering:

My Father emphasizes the importance of "increasing your social circle." That means not only obtaining more friends with whom you can party but also acquiring people who can be an ally when you're going through a career change. Cultural fests in colleges and universities solve the same purpose. There students meet so many people and increase their social circle.

A friend of mine was invited to perform his poetry at a special event by a radio station. He was delighted to discover that the person who recommended his name to the radio station was someone he had befriended at one of the outstation fests. Although he didn't hope to become a poet, he did hope to become a writer. He was exposed to several more opportunities through this small move, which only motivated him to do better.

Getting to know others at an age like yours doesn't hurt, and having those you can go to for future assistance is one of the most brilliant things you can do.

Apart from freshers' parties, many informal events that take place in colleges are important as well. There are several informal events for college fests that enhance the standards of college fests and invite many to be a show stopper.

3. Helps learn networking and soft skills:

We become more culturally sensitive because of college fests. Cultural skills help students later in their career when they go out in search of a job. Their soft skills become an added value in getting hired by a company in campus placement or otherwise. There will be occasions where

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your quick-wittedness and experience will allow you to form a special bond with your counterpart, and I assure you that this will be useful.

College fests are known for the hustling and celebrities who come in and join the festivity with students. Here's the review of top tech college's fests. That is considered in top college fests in India. Students literally wait for it throughout the year. These colleges host several cultural events in fests that make it interesting and worth going for.

4. Because you need a break from the books:

As the festival season draws to a close, everyone is hoping for a great show. As organizers and participants return to their regular schedules, everyone is gradually settling back into things. In my opinion, college festivals, especially if it's your own, serve as well-deserved breaks that, while draining the students physically, recharge their minds with fond memories of the fests that will last until the next season of college festivals. Not just cultural societies of college but brilliant college fest ideas come from a bunch of students who are reading in the college and their ideas make the event so incredibly special and successful.

5. Fun is where the friends are:

The best part of attending the different events and festivals of Indian Colleges is you go there with your friends, regardless of your interests. That includes attending concerts, plays, debates, and paper presentations, according to their fields. Is there anything better than spending a day with your closest friends, adding to an already eventful one? Let's break some floors as much as we can!

There are some big agencies that make the event happen and talk of the town that students wait for it to happen. The agencies come up with brilliant cultural events ideas for college fests and make it big and talk of the Bizz in every aspect.

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Podar Educational Campus, Nawalgarh - 333042 (Raj.)

Cultural and Important Days Celebration Committee

1. Dr. D.L.Bohra (Convener)
2. Mr. Rakshpal Singh Rathore
3. Mr. Rakesh Jangir
4. Dr. Sanjay Kumar Saini
5. Mr. Mukesh Saini
6. Mr. Vidyadhar sharma
7. Dr. SantoshJangir

A brief report on cultural event “Kritva - 2017”

The Annual cultural programme “**Kritva -2017**” of Seth G.B. Podar College,Nawalgarh was held. The cultural programme gives an opportunity to students to present their talents in different fields like music, dance, literary, fine arts etc. Seth G.B. Podar College,Nawalgarh organized different competitions under the cultural event **Kritva**.

Debate and Essay writing competition

The different cultural events were started with debate competition on 11/12/2017 The topic given for the debate was **“Social Media Brings More Harm than GOOD”**. There were 13 students participating in debate completion and the winner was Suchita jangir B.Sc. 2nd year. Then on the same day an essay writing competition was held in the seminar hall and the topic for the essay writing was **“Role of Coaching classes in career building of students’**. There were 34 students participating in the essay writing competition and the winner was Payal Sharma from B.Sc 2nd year(Bio).

Mehandi and Rangoli making competition

Mehndi and Rangoli Competition were held on 13/12/2017 in the auditorium hall. Rangoli is an ancient art and timeless tradition that is followed all over India. There were 12 students participating in the Rangoli competition. The participants displayed colorful Rangolis and

Rambilas Podar Road, Nawalgarh Dist: Jhunjhunu – 333042

Phone No: 01594- 222030, 225892 Fax No: 01594-223198

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presented their artistic composition of colors. The winner of the competition was Renu saini from B.Com. 2nd Year and first runner up was Varsha Jangid from B.Sc. 2nd year. The Auditorium hall was looking beautiful with different designs and patterns of Rangolis. Ms. Shyama Didwania, Ms. Kavita Jangir, Jangir Mrs Sanju Jangir, Ms. Seema Saini were the judges of the event. Program was convened by Dr. Santosh Jangir.



Glimpse of Rangoli Competition

There were 16 students who participated in the Mehndi competition enthusiastically. They applied various alluring designs and exhibited their talent in this art form. Time limit given to the students was 1 hour. A different variety of mehndi application was seen at each hand. Each participant was excited and filled with zest during the competition. The faculty members were also present at the hall to mark the occasion and other students enjoyed every bit of it. Convener of the event was Ms. Seema Saini and judgment was done by Mrs. Soniya Jangir, Ms. Sapana Jangir. Kamakshi sharma from B.C.A.. 2nd year secured First position and Samridhi jangir from B. Sc.II nd year got II nd Position in the Mehndi Competition.

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Glimpse Of Mehendi Competition

The final two days of events of **Kritva** took place on 11th and 12th Dec. 2017. The competitions held on 11th February were “Antakshari,” Solo and group Singing Competitions” and “Fashion Show”. The cultural fest was inaugurated at 11.00 A.M. in the presence of Dr. D.L. Bohra , Principal Podar college, Nawalgarh. After lighting of lamp and paying tribute to maa Saraswati Dr. D.L. Bohra, Principal of Podar College addressed the audience.

Singing competition

The cultural event was started with Antakshari on 14/12/2017. There were three teams “**Raag**”, “**Swar**” and “**Taal**” participated in the programme. “**Raag**” was the **winner** team and team “**Swar**” was the **first runner up** .The event was made even more fun and interesting when professors and college staff from audience were allowed sing songs. After Antakshari The singing competition resonated around the whole campus .The singing competition included both solo and group singing .It brought forth the best singers of college .students got a chance to perform on the stage and entertain the audience with their singing. It involved 09 participants who presented solo songs;

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there were three groups presented group songs.

FASHION SHOW

The cultural event started with a fashion Show on 15/12/2017 where fashion divas and our college set the pace for it. The participants and groups were judged on the basis of creativity, Innovation and presentation skill. The event caught the eyes of the audience when the faculty members walked on the ramp with models from the fashion show. It not only pleased the huge gathering but also catalyzed the hidden sparks of fashion in the admirers of the events.



Glimpse of fashion show

Dance competition

The cultural event “**Kritva**” started on The final day of the annual cultural fest commenced with the blessing of God and lighting of the lamp by the principal, teachers and core committee. programme started with Dance competition on 16/12/2017.



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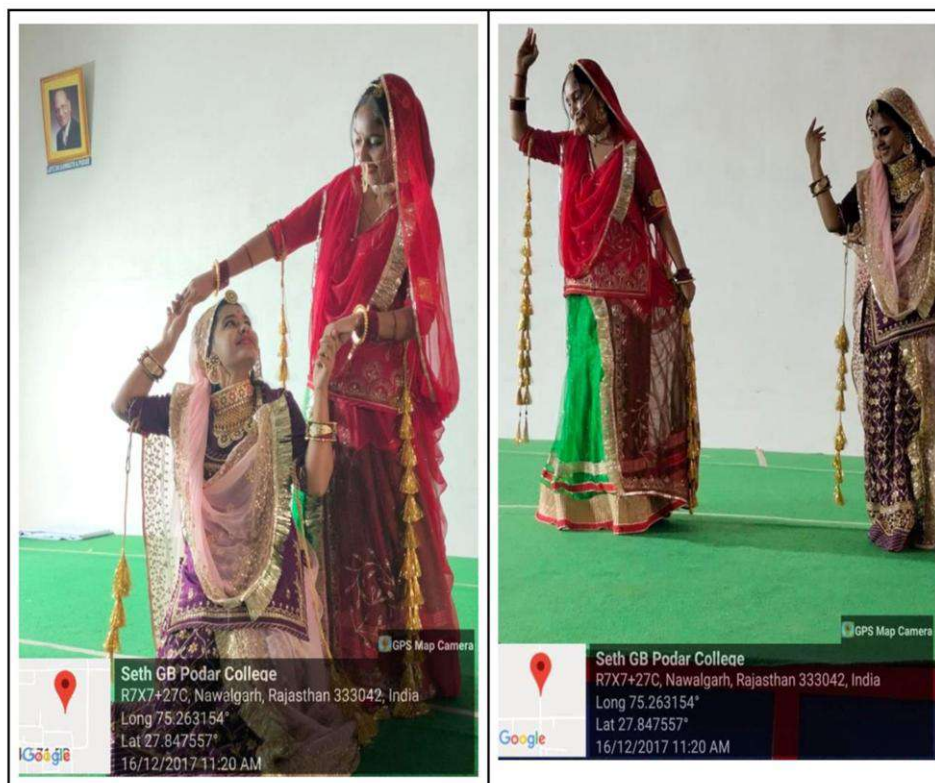
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“Kritva” was incomplete without the power pack treasure of dances, the dances that highlight life, strength. There were 12 participants in solo dance and 7 groups were in competition. Dance competition was one of the scintillating events being enjoyed by the viewers.

The cultural fest “Kritva” was concluded by proposing a vote of thanks given by Dr. D.L.Bohra, Convener Cultural Committee. At the end of these 6 days events the students have accumulated a lifetime’s worth of memories, new relations and have understood the cultural diversity between two states.

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Total numbers of participants

1.	Debate Competition	11/12/2017	13
2.	Poster making competition	11/12/2017	9
3.	Essay Writing	12/12/2017	34
4.	Mehndi Competition	13/12/2017	12
5.	Rangoli Competition	13/12/2017	10
6.	Antakshari	14/12/2017	9
7.	Singing Competition(Solo)	14/12/2017	7
8.	Singing Competition(Group)	14/12/2017	16
9.	Fashion Show	15/12/2017	57
10.	Dance Competition(Solo)	16/12/2017	13
11.	DanceCompetition(Group)	16/12/2017	35

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