



PODAR COLLEGE, NAWALGARH

Podar Educational Campus, Nawalgarh - 333042 (Raj.)

PODAR COLLEGE ALUMNI ASSOCIATION

The Institute has a registered Alumni Association for building strong bond between alumni and present students. The alumni give support to the students through interaction, financial funding, guidance and placement. The Alumni Association of the Institute is called as **SETH GYANIRAM BANSIDHAR PODAR COLLEGE ALUMNI ASSOCIATION NAWALGARH**. This was registered under The Rajasthan Societies Registration Act, 1958 (Rajasthan Act Number 28, 1958) Reg. No. COOP2021JHUNJHUNU200404 dated 11 August 2021. The mission of the Alumni Association is to foster a mutually beneficial relationship between the College and its alumni.

Objectives of the Alumni association:

- To encourage and promote close relations between the Institution and its alumni and among the alumni themselves.
- To promote and encourage friendly relations between all members of the alumni body, an interest in the affairs and well-being of the Institution.
- To initiate and develop programs for the benefit of the alumni.
- To assist and supporting the efforts of the Institution in obtaining funds for development.
- To serve as a forum through which alumni may support and advance the pursuit of academic excellence at the Institution.
- To guide and assist alumni who have recently completed their courses to obtain employment and engage in productive pursuits useful to society.



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Activities and Contributions:

- Alumni have facilitated to Merit students of the Institution.
- Alumni are included as members in the Board of studies of all departments. They are invited for meetings at the college and they interact with their teachers and express their suggestions on curriculum revision.
- Few Alumni gave Guest lecturers to the existing students on mental health, career guiding focuses for comparative examination with providing free teaching App.



Seth G. B Podar College, Nawalgarh organizes Alumni Meet every year. Connect is a formal function which consists of inauguration, alumni interaction with students by present batch of students followed by dinner. During the program alumni gives insights of various specializations and industry to the existing batch of students. Alumni share their corporate experiences, guide current batch of management students and assures the students to be in continuous communication with them. Alumni association provides continuous support to students for carrier guidance and placement assistance.



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SETH G.B. PODAR COLLEGE

Nawalgarh, Jhunjhunu (Rajasthan)

www.podarcollege.com

— Our Prides Alumni —

हमारे विद्यार्थियों ने विविध क्षेत्र में कीर्तिमान स्थापित कर पोदार कॉलेज, नवलगढ़ का नाम रोशन किया है।



Ms. Sulochna
IPS (2009) ACB, Rohtak
M.A. Economics Batch 2006-07



Shri B L Saini
Director, Hindi Granth Academy, Jaipur
B.Com. Batch 1989-90



Shri Kishori Lal Saini
PSO to CM, Government of Rajasthan
M.Com. (B. Adm.) Batch 1987-88



Shri Deepak Meena
ASP, Deoli (Tonk)
B.Com. Batch 1991-92



Shri Sanwar Mal Nagora
Dy.S P (Anticorruption), Jaipur
B.A. Batch 1993-94



Shri Satpal Singh
ASP, Nawalgarh (Jhunjhunu)
B.A. Batch 1993-94



Shri Kamal Soni
A.C.G.M. Shri Ganganagar
B.Com. Batch 2003-04



Shri Sawai Singh
RAS Allied, Jaipur
B.A. Batch 1997-98



Mr. Jaipal Singh
RAS (2018)
B.Sc. Batch, 1999-2001



Mr. Abhishek
RAS (2018)
Arts Batch 2017-18



Shri Hariram Kaler
Executive Engineer
Ajmer Vidyut Vitaran Nigam Ltd.
Nawalgarh



Shri Navneet Saini
Cooperative Inspector, Jaipur
M.Sc. Physics Batch 2003-04

Podar Educational Institutions, Nawalgarh

Mob. 6376173950, 8619868884 Email: principal@podarcollege.com



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प्रतिभा में,
 प्राध्यापक महोदय,
 पोदार कॉलेज, नवलगढ़.

विषय, " पोदार कॉलेज सेगुमि-ई वसोपिसन के गण
 महाविद्यालय के विद्यार्थियों के पूर्व विद्यार्थियों के लिये
 "मेहनत श्रम" पर वेबिनार चलाने का।"

महोदय,
 उपरोक्त विषय में निवेदन है की पोदार कॉलेज, नवलगढ़
 सेगुमि-ई वसोपिसन का "मेहनत श्रम" पर मैं एक वेबिनार
 का आयोजन करना चाहता हूँ।

निम्ने मुख्य वक्ता डॉ. शिव गोतम MBB, MD (In PSYCH),
 MNAMS, FIPS, MR PACUS (I) FAMS, Director जयपुर हैं।

आपसे निवेदन है की "मेहनत श्रम" पर वेबिनार
 चलाने की स्वीकृति प्रदान करने की कृपा करे।

डॉ. शिव गोतम जी से मेने प्रस्ताव पर स्वीकृति प्राप्त कर ली है।

आपक सहित।

प्रतिक्रिया सुधार्ता -
 सामन्तिय सचिवानी निवास महोदय,
 ११ अम्बेडकर, निदेशक,

Permitted
 10/9/24

Vice-Principal
 10/9/24

सहयोग -
 डॉ. शिव गोतम जी का सहयोग विषय। -



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Dr. Shiv Gautam

MBBS, MD (PSYCH), MNAMS, FIPS, MAPA(USA) FAMS

Director Professor

Gautam Institute of Behavioral Sciences & Alternative Medicine

Advisor CCPD- Ministry of Social Justice & Empowerment Government of India (2018 -)

Member Advisory Board on Health National Human Rights Commission, New Delhi.

Advisor Rajasthan State Human Rights Commission

President, Mental Health Foundation, Jaipur

Formerly,

- ❖ President (National) Indian Psychiatric Society (1999)
- ❖ Additional Principal, SMS Medical College, Jaipur, India
- ❖ Sr. Prof., HOD & Superintendent Psychiatric Centre, Jaipur
- ❖ Member Board of Secondary Education, Ajmer, (2004-2009)
- ❖ Member Medical Council of India (1998-2003)
- ❖ Member Secretary, Rajasthan State Mental Health Authority
- ❖ Senior Professor & Head, Department of Psychiatry, NIMS Medical College & University, JPR (Jan 2011 to Aug. 2012)
- ❖ President, Indian Association for Geriatric Mental Health (2011 to 2013)

Recipient life time achievement award .Bombay psychiatric society

- ❖ Bhagwat Award (For best research paper by a young scientist) Indian Psychiatric Society 1985.
- ❖ P.J.A. Award (For best published work by a young scientist) Indian Psychiatric Society 1986.
- ❖ Tilak Venkoba Rao Oration Award, Indian Psychiatric Society 1988.
- ❖ International New Horizon Award for Drug Awareness 1992.
- ❖ Marfatia Award (For best research paper) Indian Psychiatric Society 1994.
- ❖ Fellowship of National Academy of Medical Sciences (India) 2000.
- ❖ DLN Murthi Rao oration Award of Indian Psychiatric Society for 2010.
- ❖ Lifetime Achievement Award by Bombay Psychiatric Society, 2014

Social Recognitions- Ekta Manch award, felicitation by Jaipur Samarok Samiti Award for Excellence in Health Services, Gaurijan 2000 (Eminent Intellectual), Rajasthan Gaurav award in Jan, 2001 and Jaipur Gaurav 2002 . Shekhawat Gaurav 2004.

Publications in National and International Journal 163, Editor: Author Eleven Books Edited Book Health Care of Elderly



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PODAR EDUCATIONAL INSTITUTIONS, NAWALGARH

The Anandilal Podar Trust, Nawalgarh

Our Distinguished
Speaker



Ms. Vedica Podar

Founder, Kangaroo Minds
Diana Award Recipient - 2019
Trustee, The Anandilal Podar Trust
Mental Health Advocate & Ambassador
Youth & Adult Mental Health First Aider
Suicide Gatekeeper & Active Listener
Millennial & Gen-Z-Life Coach



Organizing a Webinar
on
Mental Health in the COVID-19 Pandemic
For Faculty, Alumni & Students

Date : 6-10-2021

Time : 3:20 - 4:30 pm

Platform : 
Google Meet

Link to join : -

Our Distinguished
Speaker



Dr. Shiv Goutam

Alumni, Podar College
MBBS, MD (PSYCH), MNAMS, FIPS, MAPA(USA) FAMS
Director Professor
Gautam Institute of Behavioral Sciences & Alternative Medicine
Advisor CCPD- Ministry of Social Justice & Empowerment
Government of India (2018-
Member Advisory Board on Health National Human Rights
Commission, New Delhi.
Advisor Rajasthan State Human Rights Commission
President, Mental Health Foundation, Jaipur

SETH G.B. PODAR COLLEGE ALUMNI ASSOCIATION, NAWALGARH

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THE ANANDILAL PODAR TRUST, NAWALGARH

दिनांक – 06.10.2021

“ पोदार कॉलेज, नवलगढ़ ऐलुमिनि एसोसिएशन द्वारा मानसिक स्वास्थ्य कोविड-19 महामारी के संदर्भ में आयोजित।”

नवलगढ़। वैश्विक महामारी की भयावह स्थिति से ग्रसित एवं प्रभावित लोगों का न केवल शारीरिक अपितु मानसिक स्वास्थ्य भी प्रभावित हुआ है। इसी समस्या को ध्यान में रखते हुए टी आनन्दीलाल पोदार ट्रस्ट की माननीया ट्रस्टी सुश्री वेदिका पोदार जी की भावना के अनुरूप, आनन्दीलाल पोदार ट्रस्ट, नवलगढ़ द्वारा “Mental Health in the COVID-19 Pandemic” विषय पर एक वेबीनार का आयोजन सेठ जी.बी. पोदार कॉलेज ऐलुमिनि एसोसिएशन द्वारा दिनांक – 06.10.2021 को किया गया। जिसमें टी आनन्दीलाल पोदार ट्रस्ट की विभिन्न शैक्षिक संस्थाओं के समस्त शैक्षिक, सह-शैक्षिक एवं गैर शैक्षिक कर्मचारियों तथा पोदार महाविद्यालय के पूर्व छात्र एवं नगर के प्रतिष्ठित लोगों ने भाग लिया। कार्यक्रम में कुल 250 श्रोताओं/जिहासुओं ने फिजिकली व वर्चुअली भाग लिया।

मुख्य वक्ता डॉ. शिव गौतम, विश्व विख्यात मनोरोग विशेषज्ञ तथा ऐलुमिनाई, पोदार कॉलेज एवं माननीया ट्रस्टी सुश्री वेदिका पोदार, फाउंडर कंगारु माइन्ड्स, मेंटल हेल्थ एडवोकेट एण्ड एम्बेसडर थे। माननीया ट्रस्टी सुश्री वेदिका पोदार ने इस अवसर पर कहा कि, “मानसिक विकारों के सन्बन्ध में जागरूकता की कमी, सामाजिक धातियों एक बड़ी चुनौती है। ऐसे में आवश्यक है कि इससे निपटने के लिए ध्यापक स्तर पर जागरूकता अभियान चलाया जाना चाहिए।”

मानसिक स्वास्थ्य से संबंधित विभिन्न उत्सुकताओं को प्रश्नों के माध्यम से विशेषज्ञों के समक्ष प्रस्तुत किया गया, जिस पर विशेषज्ञों द्वारा सारगर्भित एवं सुस्पष्ट समाधान प्रस्तुत किए गए, जो कि इस महामारी के समय में आमजन एवं महामारी से ग्रसित लोगों के मानसिक स्वास्थ्य में सुधार एवं मानसिक स्वास्थ्य को यथावत बनाए रखने के लिए अति उपयोगी सिद्ध होंगे।

कार्यक्रम की विधिवत शुरुआत सरस्वती घंटना से की गई। पोदार महाविद्यालय के प्राचार्य डॉ. सत्येन्द्र सिंह ने श्रोताओं को विशेषज्ञों का परिचय दिया एवं उनका स्वागत किया। कार्यक्रम का संचालन सुश्री प्रेमलता टाईनी टोडरलर विद्यालय की प्रबानाव्यापिका ने किया।

अन्त में कार्यक्रम संयोजक एवं सेठ जी.बी. पोदार कॉलेज ऐलुमिनाई एसोसिएशन के सचिव डॉ. विनोद सैनी ने वक्ताओं, श्रोताओं तथा सभी सम्मानित अतिथियों का धन्यवाद ज्ञापित किया।



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THE ANANDILAL PODAR TRUST, NAWALGARH

इस अवसर पर ऐलुमिनि एसोसिएशन के अध्यक्ष रवीन्द्र पुरोहित, सुशील मील, निदेशक सुबोध स्कूल एवं पोदार ऐलुमिनि, गजानन्द सैनी पोदार ऐलुमिनि आदि पूर्व ऐलुमिनि सदस्य उपस्थित रहे।

पोदार ट्रस्ट के चेयरमैन श्री कान्तिकुमार आर. पोदार ने मानसिक स्वास्थ्य पर आयोजित वेबिनार को वर्तमान में युवा पीढ़ी के लिये लाभदायक बताया एवं सभी ऐलुमिनि सदस्यों को बधाई प्रेषित थी।



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Hon'ble Trustee Ms. Vedika Podar and Podar Alumni Dr. Shiv Gotam, Jaipur addressing the webinar on Mental Health Covid pandemic



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Alumni of Seth GB Podar College and school staff and APT Trust employees deliver the lecture on mental health covid epidemic.



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The COVID-19 pandemic may have brought many changes to how you live your life, and with it, at times, uncertainty, altered daily routines, financial pressures and social isolation. You may worry about getting sick, how long the pandemic will last, whether your job will be affected and what the future will bring. Information overload, rumors and misinformation can make your life feel out of control and make it unclear what to do. During the COVID-19 pandemic, you may experience stress, anxiety, fear, sadness and loneliness. And mental health disorders, including anxiety and depression, can worsen. Surveys show a major increase in the number of India adults who report symptoms of stress, anxiety, depression and insomnia during the pandemic, compared with surveys before the pandemic. Some people have increased their use of alcohol or drugs, thinking that can help them cope with their fears about the pandemic. In reality, using these substances can worsen anxiety and depression. People with substance use disorders, notably those addicted to tobacco or opioids, are likely to have worse outcomes if they get COVID-19. That's because these addictions can harm lung function and weaken the immune system, causing chronic conditions such as heart disease and lung disease, which increase the risk of serious complications from COVID-19. For all of these reasons, it's important to learn self-care strategies and get the care you need to help you cope.

Self-care strategies

Self-care strategies are good for your mental and physical health and can help you take charge of your life. Take care of your body and your mind and connect with others to benefit your mental health.

Take care of your body

Be mindful about your physical health:



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Get enough sleep. Go to bed and get up at the same times each day. Stick close to your typical sleep-wake schedule, even if you're staying at home.

Participate in regular physical activity. Regular physical activity and exercise can help reduce anxiety and improve mood. Find an activity that includes movement, such as dance or exercise apps. Get outside, such as a nature trail or your own backyard.

Eat healthy. Choose a well-balanced diet. Avoid loading up on junk food and refined sugar. Limit caffeine as it can aggravate stress, anxiety and sleep problems.

Avoid tobacco, alcohol and drugs. If you smoke tobacco or if you vape, you're already at higher risk of lung disease. Because COVID-19 affects the lungs, your risk increases even more. Using alcohol to try to cope can make matters worse and reduce your coping skills. Avoid taking drugs to cope, unless your doctor prescribed medications for you.

Limit screen time. Turn off electronic devices for some time each day, including 30 to 60 minutes before bedtime. Make a conscious effort to spend less time in front of a screen — television, tablet, computer and phone.

Relax and recharge. Set aside time for yourself. Even a few minutes of quiet time can be refreshing and help to settle your mind and reduce anxiety. Many people benefit from practices such as deep breathing, tai chi, yoga, mindfulness or meditation. Soak in a bubble bath, listen to music, or read or listen to a book — whatever helps you relax. Select a technique that works for you and practice it regularly.

Take care of your mind

Reduce stress triggers:

Keep your regular routine. Maintaining a regular daily schedule is important to your mental health. In addition to sticking to a regular bedtime routine, keep consistent times



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for meals, bathing and getting dressed, work or study schedules, and exercise. Also set aside time for activities you enjoy. This predictability can make you feel more in control.

Limit exposure to news media. Constant news about COVID-19 from all types of media can heighten fears about the disease. Limit social media that may expose you to rumors and false information. Also limit reading, hearing or watching other news, but keep up to date on national and local recommendations.

Stay busy. Healthy distractions can get you away from the cycle of negative thoughts that feed anxiety and depression. Enjoy hobbies that you can do at home, such as reading a book, writing in a journal, making a craft, playing games or cooking a new meal. Or identify a new project or clean out that closet you promised you'd get to. Doing something positive to manage anxiety is a healthy coping strategy.

Focus on positive thoughts. Choose to focus on the positive things in your life, instead of dwelling on how bad you feel. Consider starting each day by listing things you are thankful for. Maintain a sense of hope, work to accept changes as they occur and try to keep problems in perspective. Use your moral compass or spiritual life for support. If you draw strength from a belief system, it can bring you comfort during difficult and uncertain times. Set priorities. Don't become overwhelmed by creating a life-changing list of things to achieve while you're home. Set reasonable goals each day and outline steps you can take to reach those goals. Give yourself credit for every step in the right direction, no matter how small. And recognize that some days will be better than others.

Connect with others

Build support and strengthen relationships:

Make connections. If you work remotely from home or you need to isolate yourself from others for a period of time due to COVID-19, avoid social isolation. Find time each day



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to make virtual connections by email, texts, phone or video chat. If you're working remotely from home, ask your co-workers how they're doing and share coping tips. Enjoy virtual socializing and talking to those in your home. If you're not fully vaccinated, be creative and safe when connecting with others in person, such as going for walks, chatting in the driveway and other outdoor activities, or wearing a mask for indoor activities. If you are fully vaccinated, you can more safely return to many indoor and outdoor activities you may not have been able to do because of the pandemic, such as gathering with friends and family. However, if you are in an area with a high number of new COVID-19 cases in the last week, the CDC recommends wearing a mask indoors in public or outdoors in crowded areas or in close contact with unvaccinated people. For unvaccinated people, outdoor activities that allow plenty of space between you and others pose a lower risk of spread of the COVID-19 virus than indoor activities do.

Do something for others. Find purpose in helping the people around you. Helping others is an excellent way to help ourselves. For example, email, text or call to check on your friends, family members and neighbors — especially those who are older. If you know someone who can't get out, ask if there's something needed, such as groceries or a prescription picked up.

Support a family member or friend. If a family member or friend needs to be quarantined at home or in the hospital due to COVID-19, come up with ways to stay in contact. This could be through electronic devices or the telephone or by sending a note to brighten the day, for example.

Avoid stigma and discrimination. Stigma can make people feel isolated and even abandoned. They may feel depressed, hurt and angry when friends and others in their community avoid them for fear of getting COVID-19. Stigma harms people's health and well-being in many ways. Stigmatized groups may often be deprived of the resources



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they need to care for themselves and their families during a pandemic. And people who are worried about being stigmatized may be less likely to get medical care.

People who have experienced stigma related to COVID-19 include people of Asian descent, health care workers, people with COVID-19 and those released from quarantine. People who are stigmatized may be excluded or shunned, treated differently, denied job and educational opportunities, and be targets of verbal, emotional and physical abuse.

You can reduce stigma by: Getting the facts about COVID-19 from reputable sources such as the CDC and WHO. Speaking up if you hear or see inaccurate statements about COVID-19 and certain people or groups

- Reaching out to people who feel stigmatized
- Showing support for health care workers
- Recognize what's typical and what's not



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क्रमांक / सी.बी.पी.सी. / 2021-22 / 347

दिनांक- 08 / 12 / 2021

प्रतिष्ठा में -

माननीय उप जिला कलेक्टर
नवलगढ़

महोदय,

सादर निवेदन है, कि पोदार कॉलेज, नवलगढ़ में दिनांक 10.12.2021 को "मानवाधिकार दिवस" पर मानवाधिकार एवं गैरी दर्शन पर श्री कान्ति कुमार आर. पोदार स्मृति व्याख्यान का आयोजन किया जा रहा है जिसके "मुख्य अतिथि" पद को सुशोभित कर हमें अनुमोदित करने की कृपा करें।

समय- प्रातः 11:30 बजे

सहान्यवाद।

(डॉ. विनोद कुमार सी.पी.)

उप-प्राचार्य / संयोजक

9314604321

(डॉ. सत्येन्द्र सिंह)

Principal

Seth G.B. Podar College
Nawalgarh - 333042



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क्रमांक / जी.बी.पी.सी / 2021-22 / 24 वें

दिनांक:- 08 / 12 / 2021

प्रतिष्ठा में,


श्रीमान् सवाई सिंह जगुका,
RAS
ऐलुमिनि, पोदार कॉलेज, नवलगढ़

महोदय,

सादर निवेदन है, कि पोदार कॉलेज, नवलगढ़ में दिनांक 10.12.2021 को 'मानवाधिकार दिवस' पर मानवाधिकार एवं गाँधी दर्शन पर श्री कान्तिकुमार आर. पोदार स्मृति व्याख्यान का आयोजन किया जा रहा है जिसमें 'मुख्य वक्ता' के रूप में आप सादर आमन्त्रित हैं।

समय:- प्रातः 11:30 बजे

सधन्यवाद!


(डॉ. विनोद कुमार सैनी)
उप-प्राचार्य / संयोजक
9314604321


(डॉ. सत्येन्द्र सिंह)
Principal
Seth G.B. Podar College
Nawalgarh - 333042



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SHRI KANTIKUMAR R. PODAR MEMORIAL LECTURE

"HUMAN RIGHTS AND GANDHI PHILOSOPHY"

Human Rights Day is celebrated annually around the world on 10 December every year.

The date was chosen to honor the United Nations General Assembly's adoption and proclamation, on 10 December 1948, of the Universal Declaration of Human Rights (UDHR), the first global enunciation of human rights and one of the first major achievements of the new United Nations. The formal establishment of Human Rights Day occurred at the 317th Plenary Meeting of the General Assembly on 4 December 1950, when the General Assembly declared resolution 423(V), inviting all member states and any other interested organizations to celebrate the day as they saw fit. The day is normally marked both by high-level political conferences and meetings and by cultural events and exhibitions dealing with human rights issues. Besides, it is traditionally on 10 December that the five-yearly United Nations Prize in the Field of Human Rights and Nobel Peace Prize are awarded. Many governmental and non-governmental organizations active in the human rights field also schedule special events to commemorate the day, as do many civil and social-cause organisations.

Podar College Alumni Association by Shri Kantikumar R. Lecture on "Human Rights and Gandhi Philosophy" was organized under Podar Memorial Lecture. The chief guest of the program was Ms. Suman Sonal, SDM, Nawalgarh and the keynote speaker was Mr. Sawai Singh Jaguka RAS and Podar College alumni. The program was inaugurated by the guests. Mr. Kantikumar R. The lamp was lit in front of Podar's



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picture. Dr. Vinod Saini Vice-Principal Program Coordinator, at the beginning of the program, revered Kantikumar R. Recalling Podar and inspired him to learn from his life, Dr. Saini, while discussing Gandhi's philosophy in detail, told the students the name of strength as Mahatma Gandhi and welcomed all the guests present on the stage. SDM Nawalgarh, Suman Sonal, the chief guest of the program said on this occasion that “right to life is the birth right of every person and it is universal. Human rights are essential for the development of the personality of every individual.

The keynote speaker of the event, Mr. Sawai Singh Jaguka, gave a detailed discussion of human rights through the relevance of Gandhi's philosophy. Executive Director M.D. Shanbhag gave inspiration to imbibe the meaningful messages of the lecture series. On this occasion M.O.U. between Podar College, Nawalgarh and Jaguka Educational Institute, Jaipur was held under which Jaguka Educational Institute will provide free mobile APP to the students of Podar College for competitive examination and will guide the students for competitive examination. The Vice Chairman of The Anandilal Podar Trust, Hon'ble Rajiv K. Podar and Trustee Ms. Vedika Podar described the series of lectures organized on Human Rights and Gandhi Philosophy as relevant in the present context and wished the students for bright future.



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Mr. Sawai Singh Jaguka RAS (Podar College alumni) give lecture on Human Rights Day





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SDM Nawalgarh, Suman Sonal, (Chief Guest) give lecture on Human Rights Day



Lecture deliver by Podar college staff and students



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दैनिक
भास्कर 11-12-2021

मानवाधिकार व गांधी दर्शन पर व्याख्यान



नवलगढ़ | पोटार कॉलेज में कांतिकुमार आर पोटार स्मृति व्याख्यान के तहत राजनीति विज्ञान विभाग व पोटार कॉलेज एलुमिनी एसोसिएशन की ओर से मानवाधिकार व गांधी दर्शन पर व्याख्यान हुआ। मुख्य अतिथि एसडीएम सुमन सोनल थी। मुख्य वक्ता सवाई सिंह जग्गुका थे। उप प्राचार्य कार्यक्रम संयोजक डॉ. विनोद सैनी ने कांतिकुमार आर पोटार के जीवन से शिक्षा लेने की प्रेरणा प्रदान की। जग्गुका ने गांधी दर्शन को प्रासंगिकता के माध्यम से मानवाधिकारों का विस्तृत विवेचन किया। उन्होंने गांधीजी की सत्य, अहिंसा, बुनियादी शिक्षा, ग्राम स्वराज्य आदि को व्यावहारिक प्रसंगों के माध्यम से विद्यार्थियों को गांधी दर्शन को आत्मसात करने की प्रेरणा दी। पोटार कॉलेज व जग्गुका शिक्षण संस्थान जयपुर के बीच एमओयू हुआ, जिसके तहत जग्गुका शिक्षण संस्थान पोटार कॉलेज के विद्यार्थियों को प्रतियोगी परीक्षा के लिए मुफ्त में अपना मोबाइल एप उपलब्ध करवाएगा तथा विद्यार्थियों का प्रतियोगित परीक्षा के लिए मार्गदर्शन करेगा। इस दौरान अकादमिक निदेशक डॉ. केवी शर्मा, अधिशाषी निदेशक एमडी शानभाग, प्राचार्य डॉ. सत्येंद्र सिंह, टी आनंदीलाल पोटार ट्रस्ट के उपाध्यक्ष राजीव, ट्रस्टी बंदिका पोटार, एनएसएस अधिकारी शांतिलाल जोशी, सुमन सैनी, डॉ. अनिल शर्मा आदि मौजूद थे।



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New RAS trainee (Alumni Batch 2018) facilitated by APT Trust, Nawalgarh, Jhunjhunu



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Students facilitated by Dr B. L Saini Director, Rajasthan Hindi Granth Academy, Jaipur, Rajasthan